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# Art, Culture & People

Florenc

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<sup>the</sup> Serene Season

October 28 – November 5, 2022 Accompanied by Professor Emeritus Lewis Edgars



# A World of Discovery

Established by Julius Caesar in 59 B.C., and beloved by Leonardo da Vinci and Michelangelo, this timeless city on the banks of the Arno has endured uprisings, floods and Allied bombs, yet despite history's highs and lows, beautiful Florence always flourishes.

What sets our journey to Florence and the Tuscan hilltop towns apart is AHI's unwavering commitment to connecting you to the region's people, places and culture, especially at this important time in history. By weaving together discovery, education and authentic experiences, AHI invests in each destination, its people and local ways of life. Away from the busy season, we take time to rediscover a global community more eager than ever to engage.

The value of the AHI journey is rooted in the personalized care you receive from AHI's Travel Directors. These thoughtful professionals create a welcoming atmosphere while handling every last detail so you can focus on the wonder before you. We also partner with knowledgeable guides and lecturers, whose regional expertise shines.

Designed for you, the curious traveler, this AHI journey invites you to open a new chapter in Tuscany. Our first page is Florence, the city of rebirth.

### **Inspiring Moments**

- Experience the true essence of enchanting
   Florence during a quieter time of year.
- Stroll through the city's intimate streets, a veritable outdoor museum of Renaissance glories.
- Marvel at the breathtaking Cathedral of Santa Maria del Fiore, topped by Brunelleschi's magnificent dome.
- Take more time to enjoy Michelangelo's David and the priceless art in the Uffizi.
- Revel in the medieval brilliance of San
   Gimignano and Siena.
- Sip Italy's iconic wine in the romantic Chianti countryside.

### **Your Faculty Host**



### Lewis Edgers

Lewis Edgers is Professor Emeritus of Civil and Environmental Engineering at Tufts University. A professional engineer and Fellow of the American Society of Civil Engineers, Professor Edgers is especially interested in the relationship between people and their environment. On this program, using examples by Brunelleschi, Galileo and Leonardo Da Vinci. he will examine the relationship between art, science and engineering from classical times through the Italian renaissance.





### Dear Alumni, Parents, and Friends of Tufts,

Join us as we embrace Tuscany, a region cherished the world over for its magnificent Renaissance art, irresistible cuisine and rich cultural heritage. Tuscany's ancient ramparts, lively piazzas and sweeping vistas have a power that can reignite passions, shift perspectives and reacquaint us with the natural rhythms of history and daily life.

Stay in a peaceful 19th-century oasis in Florence and enjoy the walkability of this iconic city. Feel the rosy glow of Siena, the charm of Colle di Val d'Elsa and San Gimignano, and the warmth of a Chianti winery. Live like a local as you experience meaningful, unhurried interactions, participate in the region's economy and savor la dolce vita, Italy's sweet life.

This trip combines the security, ease and value of group travel with opportunities for independent exploration during an off-peak time of year. Enjoy enlightening lecturers, the camaraderie of curious, like-minded travelers and the freedom a detail-oriented Travel Director provides. Space on this exclusive journey is limited, so carpe diem! Let's seize the day!

Please join us again or renew your connection to Tufts. As always, family members and friends are welcome to join as members of the Tufts "family." Share the experience of Travel-Learn! Cheers.

Mary Con R. Hunt

Mary Ann Hunt Director, Lifelong Learning and Travel-Learn Program Office of Alumni Relations Email: Travel-learn@Tufts.edu go.tufts.edu/travel\_learn

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♥ @tuftsalumni

#TuftsTravelLearn

The decision to return to travel is a personal one. Please consider your own comfort level and if you will enjoy yourself while traveling. We look forward to welcoming you back and want you to have the pleasant, rich experience we know traveling the world can be!

### 877-338-8728 (877-EDU-TRAV)



### Architecture | Art | Culture | Cuisine | History | Natural Beauty



### Day 1 | In Transit

Depart your gateway city for Florence, Italy.

### Day 2 | Florence, Italy

Upon arrival, transfer**Э** to the Sina Villa Medici. This evening, gather for a Welcome Reception and Dinner at the hotel.

### Day 3 | Florence

**Discovery:** *Florence Walk.* See the premier city of the Italian Renaissance with an expert during this fascinating tour. Stand in awe of the glorious Cathedral of Santa Maria del Fiore, crowned by Brunelleschi's red-tiled dome. See Giotto's impressive campanile, a 14thcentury bell tower, and the Baptistery with scenes of the Old Testament on its doors. Explore the Piazza del Duomo, then cross the Arno River via the famous Ponte Vecchio, Florence's iconic stone bridge. At Piazza della Signoria, the city's political heart since the 14th century, witness the stately Palazzo Vecchio and the colossal Fountain of Neptune.

Afterward, soak up the neighborhood atmosphere during lunch with fellow travelers.

**Free Time:** Follow your own path. Browse in shops or visit one of the many museums.

### Day 4 | San Gimignano | Chianti

**Discovery:** *San Gimignano.* Soak up the beauty of the rolling Elsa Valley as you journey to San Gimignano, the majestic Tuscan hill town topped with 14 beautifully preserved medieval towers. Stroll San Gimignano's red-brick lanes with a guide and learn about the Romanesque cathedral and the Piazza della Cisterna, where locals have gathered and traded since the Middle Ages.

After your tour, glean Tuscan cooking tips from a talented chef who will prepare lunch for your group.

**Discovery:** *Chianti.* Taste Tuscany's *terroir* today during an excursion to the captivating Chianti region with its olive groves, woodlands and vineyards. At Castello di Monsanto, an elegant winery built in 1750, sip wines produced from handpicked local grapes.

**Free Time:** Dine at your leisure this evening. Try Florentine favorites like *tagliolini* with truffles or *pappardelle* served with ragu sauce.

### Day 5 | Florence

**Enrichment:** *Renaissance Art.* Gain greater insight into Renaissance art during an expert lecture. Ponder the artists' shift to realism,



Top: Ponte Vecchio spanning the River Arno | Above: Castello di Monsanto



the changing subject matter, a new emphasis on light and shadow and more.

**Discovery:** Accademia Gallery. Explore one of the city's most celebrated museums, which houses Michelangelo's larger-than-life, marble statue David. Three times the size of a human being, it exemplifies Michelangelo's intricate knowledge of the human form. View Italian masterpieces as well as a collection of priceless musical instruments.

**Free Time:** The remainder of the day is yours to relax or explore. For stellar views, visit the hilltop Piazzale Michelangelo or sneak away to the lesser-known Giardino Bardini, a peaceful green perch overlooking the city.

### Day 6 | Florence

**Discovery:** *Uffizi Gallery.* Navigate the renowned Uffizi Gallery with a savvy guide. The vast museum is home to thousands of masterpieces including Botticelli's breathtaking "The Birth of Venus," Caravaggio's gripping "Medusa," and da Vinci's "Annunciation."

**Culture.** Spend time in one of Florence's oldest cafés and enjoy a traditional drink and pastry. Delight in a discussion about the social rituals behind Italy's delicious national pastime.

**Free Time:** Enjoy lunch on your own and the afternoon at leisure.

Enrichment: Contemporary Italy and Life in Florence. Attend an engaging talk



Castello di Monsanto wine cellar



about Italy's place in the European Union and current political, economic and social trends affecting the city and country.

Dine with fellow travelers tonight and share the day's highlights, from favorite Renaissance paintings to top picks of pastries and *gelato*.

### Day 7 | Colle di Val d'Elsa | Siena

**Discovery:** *Colle di Val d'Elsa.* Journey into the Tuscan countryside today and explore Colle di Val d'Elsa. This intimate hill town is famed for its centuries-old tradition of crystal glass production. Join an insightful guide and learn about Colle's position on the medieval trading and pilgrimage routes as you stroll timeworn streets.

Enjoy a relaxing lunch at an area restaurant.

**Discovery:** *Siena.* Feel the warmth of storied Siena, the Middle Age gem known for its rosy-pink hue. A guided tour takes you to see the acclaimed, shell-shaped Piazza del Campo; the Torre del Mangia, Siena's iconic bell tower; and Fonte Gaia, the Joyful



Uffizi Gallery



### **UNESCO World Heritage**

- 1. Historic Center of Florence
- 2. Historic Center of San Gimignano
- 3. Historic Center of Siena

Fountain, supplied with water from ancient aqueducts. Visit the stunning Italian Gothic Cathedral of Santa Maria Assunta.

**Free Time:** Browse Siena's wine shops or sample sweet Sienese treats, *panforte* and *ricciarelli*, chewy almond cookies.

### Day 8 | Florence

**Free Time:** Enjoy a full day exploring Florence and its environs! Consider a visit to the splendid, art-filled churches or the Pitti Palace's opulent galleries where the Medici, Lorraine and Savoy families once resided. Steps away, the serene Boboli Gardens invite you to picnic or unwind amid elegant Renaissance statues, grottoes and fountains.

Tonight, over an aperitif in the hotel's garden, celebrate your wonderful sojourn with fellow travelers, then gather for a Farewell Dinner.

### Day 9 | Depart for gateway city

After breakfast, transfer to the airport for the return flight to your gateway city. *Note:* Itinerary may change due to local conditions. Flights and Ctransfers included for AHI FlexAir participants.

– A Note About Activity Levels

We want you to have a comfortable and enjoyable experience. That's why we have rated all of our excursions with activity levels to help you assess this program's physical expectations. Depending on the excursion, more leisurely alternatives may be available. Please call or visit our website to review the itinerary for full details about our activity levels.

### Excursions on this program require:

- walking on cobblestones, unpaved paths or uneven surfaces
- ▶ getting on/off motor coaches

### **INCLUDED FEATURES**

### Accommodations {with baggage handling}

 7 nights in Florence, Italy, at the deluxe Sina Villa Medici.

### **Extensive Meal Program**

- 7 breakfasts, 3 lunches and 3 dinners, including Welcome and Farewell Dinners; tea or coffee with all meals, plus wine with dinner.
- Opportunities to sample authentic cuisine and local flavors.

### Your One-of-a-Kind Journey

- AHI Travel Assurance plan that covers Accident and Sickness Medical Expense, Trip Delay and Emergency Evacuation for U.S. residents.
- Expert-led Enrichment programs enhance your insight into the region.
- Discovery excursions highlight the local culture, heritage and history:
  - Gain a deeper understanding of Florence's rich history on a guided walk.
  - Feel transported to another century in the shadow of San Gimignano's towers.
  - Learn how to cook the Tuscan way with tips from a local chef.
  - Sip Chianti at its birthplace during a tasting in the region.
  - Feast your eyes on masterpieces, including Michelangelo's David, at the Accademia Gallery.
  - Trace the development of Italian art in the Uffizi's collections.
  - Delight in the charming hill town, Colle di Val d'Elsa.
  - Take in medieval Siena's grandeur.
- Striving for a positive, purposeful impact on the destinations we visit: preserving the environment, supporting local communities and giving back to the places we travel.
- **CAHI Connects:** Local immersion.
- Free time to pursue your own interests.
- Welcome and Farewell Receptions to mingle with fellow travelers.
- A personal VOX headset to hear your English-speaking guide clearly.
- Tipping of guides and drivers.
- Complimentary travel mementos.

### **AHI Travel Expertise**

From your reservation to your return home, we're here to ensure you have the adventure of a lifetime.

### Before you go:

- Travel Consultants | These experts stand ready to answer your questions about activities, meals, accommodations and more as they guide you through the reservation process.
- Passenger Service Representative | After reserving your spot, enjoy personalized assistance from this specialist, your one point of contact who helps with everything from arranging flights to booking elective activities to fulfilling special requests.
- ► **Travel Information** | Before your journey, our team closely monitors travel conditions, shares pre-departure details and provides information and enrichment about your destination.

### Once you arrive:

Our top-notch, dedicated team takes your adventure to the next level! Share a laugh, learn where to find the best café and enjoy their unique perspectives on the local scene.

- Travel Director | Our multilingual Travel Director manages all the details so that you can simply relax and soak up the ambience. In the care of this seasoned travel professional who is attuned to your personal safety, you'll enjoy a seamless, unforgettable travel experience.
- ▶ Expert Guides | Who better to show you around than the people who live there? We've specially selected informed, enthusiastic local guides who understand the needs of our educated and curious travelers. Warm and genuine, they're ready to share their passion for their country with you.
- ► Lecturers | Coming from all walks of life, our entertaining local lecturers open your eyes to history, culture and current events. The breadth of their knowledge deepens your appreciation for the region and its heritage.



### Sina Villa Medici | Florence

Our travel experts have carefully selected this recently renovated deluxe property based on its peaceful, yet convenient, location and luxuries. This lush retreat within central Florence features a lovely garden, cozy library lounge and wellness center. Enjoy strolling the neighborhood's intimate streets and receive attentive service and amenities during your stay.

### o Tripadvisor

Florence in the Serene Season      Trip #:8-26856W			
Call our travel experts at 877-338-8728 (877-EDU-TRAV) to			
reserve your place! (Preferred registration method.)			
Please have the information outlined below available to share with our AHI Travel Experts.			
-			
If you prefer, you may also complete this Reservation Request and submit it to our office. Once this request is received in our office, an			
AHI Travel Expert will contact you within one business day to discuss			
deposit payment. Your reservation is not confirmed until your deposit			
is paid and processed.			
Tufts Travel-Learn 20	Send to Tufts Travel-Learn Program		
c/o AHI Travel International Tower-Suite 600			
	8550 W. Bryn Mawr Avenue		
	Chicago, IL 60631		
I/we would like to reques	-		
Deposit amount is \$600 per			
Full Logal Name (exactly a	s it annears on nassport)		
Full Legal Name (exactly as it appears on passport)			
1) Title First Mic	ddle Last		
Date of Birth	School & Class Year		
Email	Name you would like on your name badge		
2)			
	ddle Last		
Date of Birth	School & Class Year		
Email	Name you would like on your name badge		
Street Address			
City	State ZIP		
Home ()	Cell ()		
Sharing with Name (Reservation Request sent separately)			
Single Accommodations			
□ I prefer single accommodations at an additional \$995 (limited availability).			
I request assistance in securing a roommate but will accept a single, if one is available at this time, and pay the single supplement. Should a			
roommate be found, I understand the supplement will no longer apply.			
Flights			
□ Yes I/we are requesting the	round-trip AHI ElevAir to Elorence, Italy		
Yes, I/we are requesting the round-trip AHI FlexAir to Florence, Italy, to the store of four			
to depart from: Departure City			
I/we are interested in upgrading my/our international flight to the following:			
□ First Class □ Business Class □ Premium Economy			
No thanks! I/we will book my/our own air travel and transfers.			
Reservations are subject to availability and processed on a first-come, first-served basis. Reservations to be paid in full by <b>August 14, 2022</b> (75 days prior to departure). Reservations received after this date must be accompanied by payment in full. Final payment may be made by personal check, MasterCard, Visa, Discover or Amex. For security, do not EMAIL your credit card details. Please directly call, fax or mail your credit card information to our tour operator. Make checks payable to AHI Travel.			
Please note: Program-specific terms and conditions are available on our website on the trip page. You can also request a copy from our travel experts. Any payment to AHI Travel constitutes your acceptance of the terms and conditions set out therein, including but not limited to the cancellation terms.			
All prices listed are in USD. Special offers, promotions and discounts cannot be combined. CST Registration No. 2028271-20. Fla. Seller of Travel Reg. No. ST-33300 lowa Seller of Travel No. 520 Ohio Seller of Travel Reg. No. 8889139. Washington State Seller of Travel Reg. No. 601-820-781.			

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### **PROGRAM DATES**

Air Program dates: Land Program dates: October 28 – November 5, 2022 October 29 – November 5, 2022

### LAND PROGRAM

Full Price	Special Savings	Special Price*	
\$3,545	\$250	\$3,295	
*Special Price valid if booked by the date found on the address panel. VAT is an additional \$295 per person. All prices guoted are in USD, per person, based on double occupancy and			

do not include air transportation costs (unless otherwise stated). Single accommodations are an additional \$995 (limited availability).

### Let us arrange your flights!

### COAHI FlexAir

Our experts are ready to assist you in booking flights. Our personalized air program offers the following advantages:

- price guarantee to protect you from fuel surcharge increases after ticket purchase.
- arrival and departure transfers
  on group dates.
- flexibility to change or cancel your reservations without penalty up to 60 days before departure on most flights.
- ► **assistance** in the event of schedule changes or delays.

## Travel stress-free with AHI FlexAir.



### **TRAVEL WITH CONFIDENCE**

For more than half a century, our dedicated team has helped travelers explore the world safely and securely.

### To offer you added peace of mind, we've fine-tuned all facets of your travel experience:

- ✓ Included AHI Travel Assurance covers travel- and health-related contingencies. Available for U.S. residents only.
- Increased booking flexibility and relaxed cancellation penalties.
- Home support staff and ground team communicating 24/7 to ensure a seamless and safe journey.
- Travel Directors specially trained to the highest standard in accordance with AHI's health and safety protocols.
- A global network of partners rigorously following new procedures and protocols.
- Enhanced sanitization practices for river ships, hotels, trains and motor coaches.
- Tour operations modified for smaller groups and greater physical distancing.
- ✓ Hand sanitizer available for guest use.



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& Safety Protocols **Enhanced Health** 

See pricing panel for details

# **Embrace timeless, triumphant Florence, the Cradle of the Renaissance!**

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website for the most current Please call or refer to our

program information, discounts and pricing.