



Travel-Learn

INSIDER'S JAPAN

March 30-April 11, 2019

13 days for \$6,657 total price from Boston
(\$6,295 air & land inclusive plus \$362 airline taxes and fees)



TRAVEL+
LEISURE
WORLD'S
BEST
AWARDS

This tour is provided by
Odysseys Unlimited,
six-time honoree
Travel & Leisure's World's
Best Tour Operators award.

**An Exclusive Small Group Tour for
Alumni, Family, and Friends of Tufts University**

Featuring Tufts Professor Patrick Webb

Dear Alumni, Parents, and Friends of Tufts,

Join us on an exclusive 13-day journey throughout Japan. We are pleased to have Patrick Webb, professor at the Friedman School of Nutrition Science and Policy, accompany us as host. You'll discover the superb art, remarkable history, exquisite cuisine, and stunning landscapes that render Japan a nation of many wonders.

Beginning in Tokyo, you'll spend two full days exploring Japan's capital. From Tokyo you travel to Mt. Fuji-Hakone-Izu National Park to experience the world's most revered volcano, then continue to Hakone for an overnight stay in a *ryokan*, a traditional Japanese inn. Take a bullet train to historic Takayama in the Japanese Alps, where you attend a traditional Japanese tea ceremony, followed by culturally rich Kanazawa. Your journey concludes with three nights in Kyoto, where you visit the Temple of the Golden Pavilion and Nijo Castle and explore the ancient capital of Nara. An optional 3-day/2-night post-tour extension to Hiroshima, the "City of Peace," lets you discover a city reborn from World War II's atomic destruction.

There's limited availability for this small-group Tufts journey, so seize the moment and make your reservations now. **Call our tour operator, Odysseys Unlimited, Inc., at: 888-370-6765.**

Warmly,



Mary Ann R. Hunt

Associate Director, Tufts Travel-Learn Program

Online: tuftstravellearn.org

E-mail: travel-learn@tufts.edu

TUFTS TRAVEL-LEARN PROGRAM RESERVATION FORM: INSIDER'S JAPAN

Enclosed is my/our deposit for \$_____ (\$500 per person) for ____ person(s) on **Insider's Japan** departing **March 30, 2019**. I/We understand the final payment is due at least 95 days prior to departure. Payment may be made by American Express, Discover, MasterCard, VISA, or by personal check. **Please make check payable to Odysseys Unlimited, Inc., and send, with completed reservation form, to: Odysseys Unlimited, Inc., Attn: Special Interest Groups, One Newton Place, 275 Washington Street, Suite 300, Newton, MA 02458. Or you may call Odysseys Unlimited, Inc. toll-free at 888-370-6765, or fax your reservation to 617-454-9199.**

Full Passport Name _____ Date of Birth _____ Gender _____

Full Passport Name _____ Date of Birth _____ Gender _____

Home Phone (____) _____ Cell Phone (____) _____

E-mail(s) _____ Badge Name(s) _____

Address _____

City _____ State _____ ZIP _____

Please book my/our air from _____ I/We request a Business Class upgrade ☐

I will share a room with _____ I request a single room (limited availability) ☐

Post-Tour "Hiroshima: City of Peace" Extension: Please sign me/us up ☐

Please Note: The undersigned has read the schedule of activities for **Insider's Japan, March 30-April 11, 2019**, and agrees that their signature below represents their acceptance of the General Terms and Conditions.

Signature(s) _____ Date _____

Method of Payment ☐ Check ☐ American Express ☐ Discover ☐ MasterCard ☐ VISA

For your security, DO NOT E-MAIL credit card details. Please call, fax, or mail your credit card information directly to our tour operator.

Account # _____ Security Code _____ Exp. Date _____

Name of Cardholder _____

Signature _____

Final invoicing will be sent by our tour operator, Odysseys Unlimited, Inc. The balance of the program price must be paid to Odysseys Unlimited, Inc. Final payment is due **95 days prior to departure**, and is payable by check or credit card.

Tour membership limited to 24 alumni and friends

INSIDER'S JAPAN

13 days for \$6,657 total price from Boston
(\$6,295 air & land inclusive plus \$362 airline taxes and fees)

It's a land of delicate art and bustling commerce, of rich traditions and dizzying modernity; a kaleidoscope of sights, sounds, and flavors that for visitors are truly foreign – and truly fascinating. This well-crafted tour features the highlights of Tokyo and Kyoto, engages us in local life, and takes us off the beaten path to the lovely historic cities of Takayama, Kanazawa, and Nara.



Avg. High (°F)	Mar	Apr
Tokyo	54	62
Kyoto	53	65

Day 1: Depart U.S. for Tokyo, Japan

Day 2: Arrive Tokyo Upon arrival in Japan's financial, commercial, and political capital, we transfer to our hotel. As guests' arrival times may vary, we have no scheduled activities or meals planned.

Day 3: Tokyo After a briefing about the journey ahead, we set out to discover a small part of this amazing city that covers a staggering 840 miles. Our sightseeing features the Meiji Shrine, a peaceful enclave of Shinto temples and gardens. We also visit the gallery of pre-eminent calligrapher Koshun Masunaga, where we learn about this ancient art of artistic writing and browse the collection. Our tour ends in Ginza, Tokyo's famed shopping, dining, and entertainment district, where we can stay to explore as we wish or return to our hotel for an afternoon at leisure. Tonight, we gather for a welcome dinner at a local restaurant. *B,D*

Day 4: Tokyo Our tour of Tokyo continues this morning at the Imperial Palace, surrounded by moats and ramparts and home of the Imperial Family. Here we visit the East Gardens, part of the innermost circle of defense of the historic Edo Castle that once stood here. We continue on to the Buddhist Asakusa Kannon, Tokyo's oldest temple (c. 645 CE), and the adjacent Nakamise shopping arcade, dating to the 17th century. Last, we visit the Tokyo National Museum, housing an extensive collection of art and antiquities from Japan and other Asian countries. This afternoon is free for independent exploration; lunch and dinner are on our own in this city with endless dining options. *B*

Day 5: Tokyo/Fuji-Hakone-Izu National Park/ Hakone Japan's pastoral side is on tap as we leave Tokyo for Fuji-Hakone-Izu National Park. Here sits imposing Mt. Fuji, a dormant volcano (it last erupted in 1707) with a perfectly symmetrical cone that rises to 12,388 feet. The mountain's majesty is breathtaking, as artists and writers have attested for centuries. We take a coach ride where, weather permitting, we'll enjoy breathtaking panoramic views; then we descend for a relaxing cruise on scenic Ashi Lake. Leaving the park, we travel to the town of Hakone where we spend the night at a *ryokan*, a traditional Japanese inn where we take off our shoes upon entering, enjoy a Japanese-style *Kaiseki* dinner, and sleep on a futon. *B,D*

Small Group Tour Highlights

Tokyo touring, including Imperial Palace District, Meiji Shrine, and Tokyo National Museum • Calligraphy demonstration • Stunning scenery of Mt. Fuji and Fuji-Hakone-Izu National Park • Overnight stay in traditional *ryokan* • Takayama's ancient streets and houses • Hands-on cooking class • Culturally rich Kanazawa, including a visit to Kenrokuen Garden • Tour of Kyoto, Japan's cultural capital • Excursion to historic Nara • Traditional tea ceremony

Day	Itinerary	Hotel	Rating
1	Depart U.S. for Tokyo		
2-4	Tokyo	Dai-ichi Hotel Tokyo	Deluxe
5	Hakone	Aura Tachibana (ryokan)	Not Rated
6-7	Takayama	Hida Hotel Plaza	First Class
8-9	Kanazawa	Hotel Nikko Kanazawa	First Class
10-12	Kyoto	Hotel Granvia Kyoto	First Class
13	Depart Kyoto for U.S.		

Ratings are based on the Hotel & Travel Index, the travel industry standard reference. Unrated hotels may be too small, too new, or too remote to be listed.

Cover photo: Considered sacred by the Japanese, “Fuji-san” has drawn artists, poets, and seekers for centuries.



On Day 9 we visit Kenrokuen Garden, one of Japan's finest traditional gardens.

Day 6: Hakone/Takayama Today we travel first by bullet train then by Wide View Hida express train to lovely Takayama in the Japanese Alps, considered one of the country's most attractive towns with its 16th-century castle and old-style buildings. Our explorations center on three narrow streets in the San-machi-suji district where, in feudal times, merchants lived amidst the authentically preserved small inns, teahouses, and sake breweries. This afternoon we attend a traditional Japanese tea ceremony here, an historic ritual of form, grace, and spirituality. *B,D*

Day 7: Takayama We pay an early visit to the riverside Miyagawa Morning Market, a blaze of dazzling colors. Here we meet a local chef to gather ingredients for the lunch we will prepare together at a nearby site. After enjoying the fruits of our labors, we embark on a walking tour, visiting Takayama Jinya, an historic government house; the local sake brewery; and Takayama's old town, whose well-preserved buildings and homes date to the Edo Period (1600–1868). *B,L*

Day 8: Takayama/Shirakawago/Kanazawa We leave Takayama this morning for the UNESCO World Heritage site of Shirakawago Gassho-zukuri Village. Comprising buildings relocated from authentic villages nearby that were razed for a dam, the village is also a vibrant community whose residents work together to preserve the unique traditional architecture here known as Gassho style. Late this afternoon we reach the castle town of Kanazawa, an alluring coastal city that survived the ravages of World War II. *B,L*

Day 9: Kanazawa Today's tour of this culturally rich city features renowned Kenrokuen Garden, a national landmark whose origins date to 1676. We also see Ishikawa Gate, the only remaining section of the town's original castle; Hakukokan, a museum

celebrating the art and craft of gold leaf technology; and the Higashi Chayagai teahouse and geisha area. Our last stop is the Nagamachi Samurai district, where the ruling family's *samurai* warriors lived. *B,D*

Day 10: Kanazawa/Kyoto We depart this morning by train for Kyoto, formerly Japan's Imperial Capital and now the country's cultural and artistic center,

Post-Tour Extension

April 11-13, 2019

HIROSHIMA: CITY OF PEACE

**3 days/2 nights
for \$995 total price**

Single Supplement: \$155

Discover the city reborn from the atomic destruction of World War II, a modern and cosmopolitan urban center whose residents warmly welcome American visitors.

Your Tour Price Includes

- Rail transportation Kyoto/Hiroshima; Hiroshima/Osaka
- 2 nights' accommodations at Hotel Granvia Hiroshima (First Class)
- 3 meals: 2 breakfasts, 1 lunch
- Extensive included sightseeing: excursion to Miyajima Island and Itsukushima Shrine; Hiroshima touring by local "Hiroden" train; visit to Peace Memorial Park and Museum; Atomic Bomb Dome
- Services of an Odysseys Unlimited Tour Director
- Gratuities for dining room servers, hotel porters, and all drivers

"I LOVED THE QUIET PLACES IN KYOTO ..."

– PICO IYER

with more than 1,600 temples, hundreds of shrines, artful gardens, and historic architecture. Upon arrival, we visit Kinkaku-ji, the beloved lakeside Temple of the Golden Pavilion set on pillars suspended over the water. Next: Ryoan-ji, a Zen Buddhist temple whose acclaimed dry garden epitomizes the simplicity of Zen meditation. Our last stop is Unrakugama, a workshop specializing in prized Kiyomizu pottery. *B,D*

Day 11: Kyoto/Nara Today we travel to Nara, Japan's 8th-century capital renowned for its shrines and temples. We first visit Todaiji (c. 752 CE), one of the country's most important temples, whose main hall (c. 1692) is the world's largest wooden building. We also visit historic Kasugataisha, the Shinto shrine and UNESCO site surrounded by parkland where deer roam free. *B*

Day 12: Kyoto This morning's tour reveals more of this city that was spared destruction during World War II. Highlights include Nijo-jo Castle (c. 1603), the extravagant residence and fortifications of the *shoguns* who ruled Japan for more than 250 years; and Sanjyusangendo Hall (c. 1266), an important Buddhist



We visit Kyoto's beloved Golden Pavilion on Day 10.

Your Tour Price Includes

- Round-trip air transportation from listed cities
- 11 nights' accommodations: 10 nights in Deluxe and First Class hotels; 1 night in traditional Japanese ryokan
- 19 meals: 11 breakfasts, 2 lunches, 6 dinners
- Extensive sightseeing as described, including all entrance fees
- Services of an Odysseys Unlimited Tour Director
- Tufts faculty host
- Private motorcoach transportation throughout your trip
- Rail transportation as described
- Luggage handling for one bag per person
- Gratuities for local guides, dining room servers, airport and hotel porters, and all drivers
- \$100 frequent traveler credit towards your next Tufts/Odysseys tour (\$200 after 3 completed tours)

Tufts Faculty Host



Patrick Webb is a professor at the Friedman School of Nutrition Science and Policy at Tufts University. He has a PhD in Economic Geography from the University of Birmingham (UK), and is a Fellow of the London-based Royal Geographical Society. He undertakes numerous field studies relating to foods and nutrition around the world. He studies how the composition of diets supports good health and longevity, including diets in East Asia linked to some of the highest life expectancies on the planet. He is an expert on rice production and trade, as well as on the role of fish and aquatic products in Asia's economies and food systems.

temple housing 1,000 statues of the Thousand-Armed Kannon deity. From here we venture to the Gion district, where the geishas gather. Then the remainder of the afternoon is at leisure. Tonight, we toast our adventure at a farewell dinner at a local restaurant. *B,D*

Day 13: Depart Kyoto for U.S. This morning we travel by motorcoach to Osaka, where we board our return flight to the United States. *B*

Tour Departs: March 30, 2019

Prices include int'l airfare and all taxes, surcharges, and fees.

Los Angeles, San Francisco	\$6,157
Portland (OR), Seattle	\$6,457
Boston, Chicago, Cleveland, Dallas, Denver, Detroit, Houston, Minneapolis, New York, Philadelphia, Phoenix	\$6,657
Atlanta, Baltimore, Charlotte, Cincinnati, Miami, Orlando, Tampa, Washington, DC	\$6,757
Land Only (transfers not included)	\$5,295

Please call if your city is not listed. Prices are per person based on double occupancy and include airline taxes, surcharges, and fees of \$362, which are subject to change until final payment is made.

Single travelers please add \$1,295. All tour prices above (excluding airline taxes, surcharges, and fees) are guaranteed.

Business Class upgrade on round-trip Trans-Pacific flight: \$4,595 per person from San Francisco in addition to the above costs (upgrade is subject to availability and pricing is subject to change).

Please note: This trip involves full days of sightseeing and significant amounts of walking on stairs and uneven surfaces. You should be in good physical condition to enjoy the tour to its fullest.

For reservations and information, please call Odysseys Unlimited, Inc. toll-free at 888-370-6765

Monday–Friday, 9:00 AM–7:00 PM, Eastern Time
Visit Tufts' website:
www.tuftstravellearn.org

GENERAL TERMS AND CONDITIONS

Please read this information carefully, as payment of a \$500 deposit per person represents your acceptance of the following Terms and Conditions.

Not Included in Tour Price

Airfare when purchasing a Land Only package; costs of passports and visas, if required; personal expenses such as beverages, laundry, room service, and meals not specified; airport transfers when purchasing a Land Only package; communication charges; optional sightseeing; gratuities to your Odysseys Unlimited tour director, which are at your discretion (suggested gratuities: \$10-\$15 per traveler, per day); and travel protection insurance. Additional baggage fees may apply and are subject to change at any time. You should confirm directly with your airline(s) prior to departure.

Cancellations, Refunds, and Changes

If you must cancel your trip, the effective date of cancellation will be upon Odysseys Unlimited, Inc.'s receipt of your written notification. Refunds for cancellations are subject to the following per person charges: **cancel 95 days or more before departure: \$200 charge; cancel 94-65 days before departure: 25% of tour price; cancel 64-45 days before departure: 50% of tour price; cancel 44-30 days before departure: 75% of tour price; cancel 29-0 days before departure: no refund.** If you make any changes to your reservation from 94 to 30 days prior to departure, Odysseys Unlimited, Inc. will apply a \$100 per person administrative fee, in addition to any fees or penalties imposed by third parties. Changes are subject to availability and cannot be guaranteed. If your reservation changes from double occupancy to single occupancy for any reason, you will be charged the single supplement. **No changes are allowed within 30 days of departure. Upon reservation, you must provide your full legal name as it appears on your passport, as well as your date of birth and gender. In the event an airline ticket is issued with incorrect information you have provided, you will be responsible for charges associated with the ticket's reissue.**

Responsibility

The liability of the Tufts University Alumni Association, as sponsor, and Odysseys Unlimited, Inc., as tour operator, is strictly limited. Odysseys Unlimited, Inc. purchases transportation, hotel accommodations, and restaurant and other services from independent suppliers not under our control. We serve only as agents for these suppliers in securing tour arrangements, and therefore will not accept responsibility for wrongful, negligent, or arbitrary acts or omissions of these independent contractors, or of their employees, agents, servants, or representatives. The Tufts University Alumni Association and Odysseys Unlimited, Inc. are not liable for injury, damage, loss, accident, or delay that may be caused by events not within our control, including, without limitation, acts of terrorism, war, strikes, the defect of any vehicle, or the negligence or default of any third party. All coupons, receipts, and tickets issued are subject to the terms and conditions specified by the air carriers, cruise lines, and other independent suppliers. We will make every effort to operate our tours as planned, but we reserve the right to make itinerary changes as necessary. If unforeseen circumstances require us to change a hotel, we will select alternative accommodations of the same or better quality.

Health and Medical Issues

We request that you be in good health to participate in this tour. There is a significant amount of walking and **you must be able to get on and off motorcoaches and boats on your own.** We regret that we cannot offer individual assistance; in such cases you must be accompanied by a companion who will assist you. Please note that many of our tour itineraries, for reasons beyond our control, do not accommodate wheelchairs. Please call or e-mail us to inquire and we will do our best to answer any questions you may have. We reserve the right to remove anyone whose physical or mental condition, in our opinion, compromises the operation of the tour or detracts from the enjoyment or safety of the other passengers. In that event, the Tufts University Alumni Association and Odysseys Unlimited, Inc. assume no financial responsibility for any unused portion of the tour.

Air Transportation – Important Information

Odysseys Unlimited, Inc. includes in its tour price round-trip economy air from designated gateway cities as shown, and contracts with those airlines the company feels provide the level of service, routings, and value necessary for your entire trip. While another airline may offer a more direct connection, it may be at a price unavailable at the lower group rates. You will receive your preliminary air schedule approximately 2½ months prior to departure. **Please note that seat assignment on your international flight is usually done at airport check-in. Odysseys Unlimited, Inc. is unable to guarantee any seat assignments.** Due to the nature of tour operator tickets, other restrictions apply, including, but not limited to, frequent flyer mileage accrual, stopovers, alternate travel dates, upgrades, and airline taxes and fees. If you prefer to make your own travel arrangements, Land Only is available on most tours. **Since international and domestic air schedules are subject to change at any time, we recommend that if you choose to make your own airline reservations, you do not purchase non-refundable tickets or those with high penalties for changes. If you choose to make your own air arrangements, Odysseys Unlimited, Inc. shall not have any liability for any loss resulting from cancellation of this tour or changes in this tour.**



Travel-Learn

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80 George Street, Suite 100-3
Medford, MA 02155

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JOIN US FOR AN EXCLUSIVE TUFTS
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*Guaranteed Small Group:
Limited to 24 Guests*