



Tufts
UNIVERSITY

Travel-Learn



El Camino de Santiago: A Walking Tour in Northern Spain

Co-sponsored by Dartmouth College
with Jane L. Carroll, Dartmouth Senior Lecturer in Art History

October 1–13, 2021

TRIP HIGHLIGHTS

TRAVEL the Camino de Santiago during Xacobeo, the Compostela Holy Year observed for the first time in 11 years, when pilgrims visiting the tomb of the Apostle at the Cathedral of Santiago de Compostela are offered forgiveness for all of their sins, which is known as “a plenary indulgence”

BEGIN a series of walks along the Camino in Roncesvalles, one of the main entrances to the famous pilgrimage trail, and end in Santiago de Compostela, the capital of Galicia and a UNESCO World Heritage Site, as has been done for centuries

ADMIRE awe-inspiring cathedrals and monasteries in Nájera, Burgos, León, and other pilgrimage cities along the way, and enjoy leisure time to explore Spain’s lovely Galicia region

SAVOR regional wines and cuisine including a special lunch at Bodegas Baigorri, where Rioja Alavesa wine is produced, and stay in historic *paradores*

SEE the artistic treasures of the 15th-century Cartuja de Miraflores monastery in Burgos, which is still occupied by a cloistered group of monks who observe silence, on an after-hours visit

HEAR Gregorian chants performed by the world-famous monks of the monastery of Santo Domingo de Silos, whose two-story cloister is considered a masterpiece of Romanesque art

EXPERIENCE midday Mass at the magnificent Cathedral of Santiago de Compostela, one of the most important religious structures in Spain, where a highlight will be the *Botafumeiro* ceremony

WATCH the sun set over Cape Finisterre, a rock-bound peninsula once thought to be “the end of the Earth,” where some pilgrims now come to burn their boots or clothes at the conclusion of their journeys

TRAVELING WITH YOU



Jane L. Carroll is a senior lecturer in art history at Dartmouth College, specializing in the art of Northern Europe from late medieval times to the Early Modern period. She has researched and written on Dutch and German art, focusing on how artworks argue for selected religious ideology, both during the reform of the religious Orders and in the Reformation. Her other interests include early prints and the role of women in the arts, especially during the Middle Ages. Recently she has

expanded her research to explore depictions of marriage. Jane is a veteran of alumni education, having hosted ten Dartmouth Alumni Travel trips and delivered talks on art and religious history to alumni audiences across the country. Her 2018 Dartmouth on Location lecture at the New York Metropolitan Museum of Art’s Michelangelo exhibit attracted a sold-out alumni audience of more than 500 attendees, and she was the recipient of the 2018 Rassias Faculty Award for her contributions to alumni education. She received her B.A. from Smith College and her PhD from the University of North Carolina, Chapel Hill.

Dear Alumni, Parents, and Friends of Tufts,

For more than a thousand years, pilgrims have walked the Camino de Santiago, the “Way of Saint James,” to the shrine of the Apostle at Santiago de Compostela in northwestern Spain. We invite you to join Tufts in Fall 2021 to follow in these *peregrinos*’ footsteps on selective hikes along the celebrated Camino de Santiago. Our journey will take place during the festive Compostela Holy Year, a rare and momentous occasion known as Xacobeo, observed for the first time in 11 years.

Admire spectacular monuments, enjoy fine cuisine, and spend your nights in deluxe hotels and historic *paradores*. In Santiago de Compostela, attend the Pilgrims’ Mass at the Cathedral, with its famous *Botafumeiro* ceremony. The average distance covered is 3.5 miles per day, with one day’s mileage being just under 5.5 miles.

We hope you will join us to experience the history, legends, and legacy of Europe’s most famous walking trail. This journey is co-sponsored by Dartmouth College and will feature Jane L. Carroll, a Dartmouth senior lecturer in art history. Space is limited on this educational adventure, so we encourage you to make your reservation now. **Book with confidence: Your deposit will be fully refundable until 60 days before departure.** To register for this magnificent journey, call our tour partners at Arrangements Abroad at 212-514-8921 or 800-221-1944 or email them at trips@arrangementsabroad.com.

Santiago de Compostela pilgrimage trail



Sincerely,

Mary Ann R. Hunt

Mary Ann R. Hunt
Associate Director,
Tufts Travel-Learn Program

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Twitter: @tuftsalumni #TuftsTravelLearn

P.S.— Participants must be in good health and able to keep pace with an active group. They must be able to hike for up to six miles a day on uneven terrain; walk and stand for periods of two hours at a time; climb stairs at monuments (some without handrails) and other locations not handicapped accessible; and board a motorcoach unassisted. Any condition that may require assistance or special medical attention must be reported at the time of your reservation. For walks on the Camino, participants are advised to bring “broken-in” walking shoes or boots, a sun hat, and comfortable hiking attire.

El Camino de Santiago

A Walking Tour in Northern Spain

October 1–13, 2021

FRIDAY, OCTOBER 1: DEPARTURE

Depart on an overnight flight to Pamplona via Madrid.

SATURDAY, OCTOBER 2: MADRID, SPAIN / PAMPLONA

Arrive in Pamplona in the late afternoon. Transfer to the Hotel Maisonnave, centrally located near Castillo Square. This evening, meet fellow travelers and your study leader for a welcome drink, followed by dinner.

D

SUNDAY, OCTOBER 3: PAMPLONA

Attend a morning lecture before a walking tour of Pamplona's Old Quarter. After lunch, drive to Roncesvalles, one of the main entrances in Spain for the St. James Way, and where each traveler will receive a *credencial* (pilgrim passport) to mark their route. Enroute stop in the town of Burguete, mentioned in Ernest Hemingway's *The Sun Also Rises*, for a typical lunch. Our first walk on the trail is from Albergue to Espinal across the fertile plans of the Río Ebro. Return to Pamplona, where the remainder of the day is at leisure. *Approximate walking distance: 4 miles.*

B,L

MONDAY, OCTOBER 4: PAMPLONA / LAGUARDIA

Travel by coach to the Romanesque Church of Santa María de Eunate, one of the jewels of the Camino. From there, walk a short distance on the Camino to Puente La Reina, a medieval town where the two main pilgrim routes converge. There will be time to explore the town and enjoy lunch on your own. Drive to Estella to see the Palace of the Kings of Navarre and San Pedro de la Rúa, with its beautiful 12th-century cloister. Continue to Laguardia, the historic capital of the famous Rioja Alavesa wine region, and check in to the Hotel Villa de Laguardia. Dinner, featuring regional cuisine and wines, is at a local restaurant. *Approximate walking distance: 2.75 miles.*

B,D

TUESDAY, OCTOBER 5: LAGUARDIA

Following a morning lecture, drive to the lively university city of Logroño to see its lovely Old Quarter and the cathedral, with a painting by Michelangelo. Lunch is at Bodegas Baigorri, where Rioja Alavesa is produced. Return to Laguardia to visit Santa Maria de los Reyes. Conclude at the hotel, where the remainder of the day is at leisure.

Rest day (walking only for sightseeing).

B,L

WEDNESDAY, OCTOBER 6: LAGUARDIA / BURGOS

Depart for Nájera, the former capital of the Kingdom of Navarre. Visits include the Monasterio Santa María de la Real, the burial place of many of the kings, queens, and knights of Navarre. Continue on the Camino to Azofra, then drive to Santo Domingo de

Palace of the Kings of Navarre, Estella, photo by Jorab



Botafumeiro ritual





la Calzada and visit the cathedral, followed by lunch and a visit to the Pilgrim's Hospital, declared a National Historic Interest Site. Enroute to Burgos, stop and see both Las Huelgas Monastery and the Museo de Ricas Telas. Continue to the spectacular Gothic abbey of La Cartuja de Miraflores, which will be opened especially for our group. Check in at Hotel NH Palacio de la Merced, our home for the next two nights. Dinner is at a local restaurant.

Approximate walking distance: 3.6 miles.

B,L,D

THURSDAY, OCTOBER 7: BURGOS

This morning, discover the sumptuous Burgos Cathedral, the largest church in Spain and a UNESCO World Heritage Site. View its richly decorated chapels and the cloister. Drive to the monastery of Santo Domingo de Silos, a masterpiece of Romanesque architecture, and experience a Gregorian chant performed by the world-famous monks of Silos. After a picnic lunch, drive to San Juan de Ortega for the start of one of the most popular Camino walks, passing by the village of Ages and the beautiful Church of Santa Eulalia to the village of Atapuerca. Return to Burgos for dinner at leisure.

Approximate walking distance: 3.8 miles.

B,L

FRIDAY, OCTOBER 8: BURGOS / LEÓN

Drive this morning to the village of Calzada del Coto to start a beautiful hike along this stretch of the Camino to Calzadilla de los Hermanillos. After a tapas buffet lunch at a popular pilgrim restaurant, continue to León. Check in at your hotel. The afternoon is at leisure before dinner at a local restaurant.

Approximate walking distance: 5.4 miles.

B,L,D

SATURDAY, OCTOBER 9: LEÓN

Depart this morning for a tour of León's important sites. Visit the soaring 13th-century cathedral, a UNESCO World Heritage Site, and the Basilica of San Isidoro, called the "Sistine Chapel of Romanesque" because of its beautiful frescoes. Lunch is at a famous restaurant. Afterwards follow the Camino within the walls of León to discover Gaudí's architectural masterpiece, the neo-Gothic palace Casa de Botines. The remainder of the day is at leisure. *Approximate walking distance: 1.3 miles.*

B,L

SUNDAY, OCTOBER 10: LEÓN / VILLAFRANCA DEL BIERZO

Your morning journey on the Camino leads from León into the glorious open countryside of the páramo (treeless grassland). From Oncina de la Valdoncina, walk to Chozas de Abajo. Then, drive to Astorga, whose historic legacy is the result of its location at the crossroads of several major pilgrim routes. Admire Antoni Gaudí's Bishop's Palace before lunch. Continue to the medieval town of Ponferrada and its magnificent 12th-century Templar castle. Stroll on the Camino as it winds within the medieval section of Ponferrada. Dinner and overnight are at the Parador of Villafranca del Bierzo.

Approximate walking distance: 3.6 miles.

B,L,D

MONDAY, OCTOBER 11: VILLAFRANCA DEL BIERZO / SANTIAGO DE COMPOSTELA

See the historic sights of Villafranca del Bierzo before driving to Monte Do Gozo for lunch. The spires of the magnificent Cathedral of Santiago de Compostela will be visible as you join other pilgrims walking the last few miles of the Camino into Santiago. Check into the

Hotel Compostela in the heart of the city. Later, an optional excursion is arranged to “the end of the Earth” at Cape Finisterre, once thought to be the westernmost point on the Iberian Peninsula. Enjoy the sunset from the Cape with a glass of Cava.
Approximate walking distance: 2.9 miles. B,L

TUESDAY, OCTOBER 12: SANTIAGO DE COMPOSTELA

A morning walking tour includes the highlights of this historic town, a UNESCO World Heritage Site. Complete the pilgrim experience at noon Mass, where the famous *Botafumeiro* ritual will be performed specifically for our group. Lunch and the afternoon are at leisure. Gather tonight for our farewell dinner.
Rest day (walking only for sightseeing). B,D

WEDNESDAY, OCTOBER 13: SANTIAGO DE COMPOSTELA / RETURN

Depart the hotel early this morning for flights home. B
This itinerary is subject to change at the discretion of Tufts University and Arrangements Abroad. For complete details, please carefully read the terms and conditions at www.arrangementsabroad.com/terms.

ACCOMMODATIONS

- HOTEL MAISONNAVE, PAMPLONA**
- HOTEL VILLA DE LAGUARDIA, LAGUARDIA**
- HOTEL NH PALACIO DE LA MERCED, BURGOS**
- PARADOR DE LEÓN, LEÓN**
- PARADOR DE VILLAFRANCA DEL BIERZO, VILLAFRANCA DEL BIERZO**
- HOTEL COMPOSTELA, SANTIAGO DE COMPOSTELA**



PROGRAM RATE

\$6,799 per person, double rate
\$7,599 single rate

RATE INCLUDES

- Eleven nights accommodations as per itinerary
- Meals as indicated in the itinerary (B=Breakfast, L=Lunch, D=Dinner); bottled water, soft drinks, juices, and coffee/tea with all meals; house wine at welcome and farewell dinners
- Airport/hotel/airport group transfers for all participants on suggested flights
- Enrichment program of lectures and talks
- Escorted sightseeing by private motorcoach and entrance fees for included visits
- Taxes, service, and portorage charges
- Gratuities to local guides and drivers

NOT INCLUDED IN RATE International airfare; passport/visa fees; meals not specified; alcoholic beverages other than noted in inclusions; personal items and expenses; airport transfers other than for those on suggested flights; trip insurance; any other items not specifically mentioned as included.



Cathedral of Santiago de Compostela

TUFTS UNIVERSITY
EL CAMINO DE SANTIAGO • OCTOBER 1–13, 2021
RESERVATION FORM

To reserve a place, please contact Arrangements Abroad at phone: 212-514-8921 or 800-221-1944, or fax: 212-344-7493; or complete this form with your deposit of \$1,000 per person (**fully refundable until 60 days prior to departure**), payable to *Arrangements Abroad*. Mail to: Arrangements Abroad, 1040 Avenue of the Americas, 23rd floor, New York, NY 10018-3721.

Name(s) in full as on passport(s). Please print. Date of Birth

Date of Birth

Address

City State Zip

Telephone (Home) (Business)

Fax E-mail

ACCOMMODATIONS

Hotel room preference ☐ One bed ☐ Two beds ☐ Single

I wish to share a room with _____

FORM OF PAYMENT

☐ Enclosed is my check (payable to *Arrangements Abroad*) ☐ Debit card ☐ Credit card

Name on debit/credit card

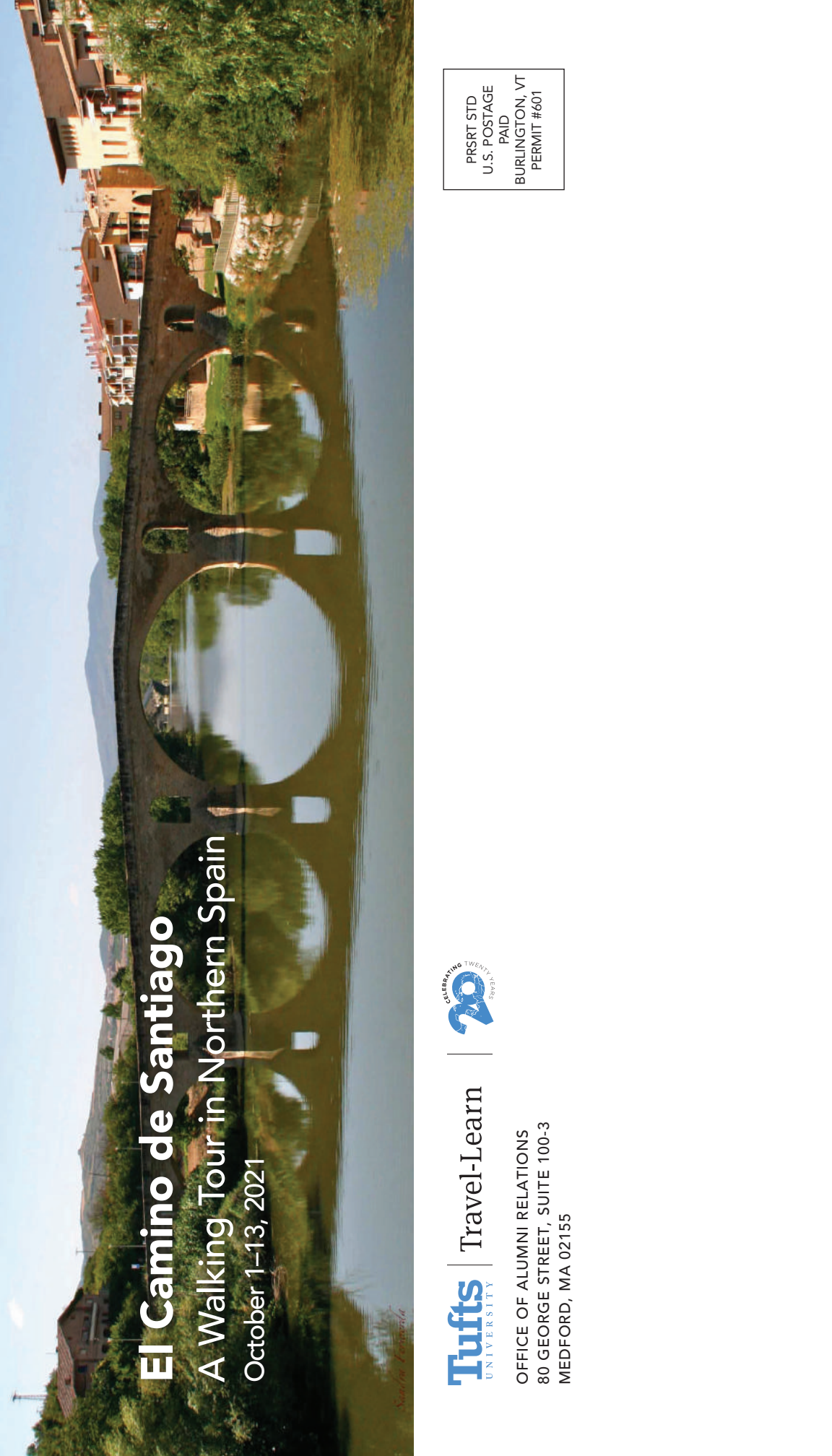
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I/We confirm that I/we have carefully read and agree to the *Terms & Conditions* of this Program (see www.arrangementsabroad.com/terms to review or call for a copy). I/We agree to full payment 60 days prior to departure. Each participant must sign below.

Signature (required) Date

Signature (required) Date



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