The Great Migration
A Journey Through Kenya & Tanzania

NOVEMBER 4–16, 2023
Faculty Host: Dr. Christopher Whittier, Director
Masters of Conservation Medicine Program at the Cummings School of Veterinary Medicine
Dear Alumni, Parents, and Friends of Tufts,

Join us on an epic safari expedition that covers both Kenya and Tanzania. Your adventure will start in Kenya’s capital city of Nairobi, East Africa’s most cosmopolitan city and Africa’s 4th largest city. A vibrant and exciting place, Nairobi has some fascinating attractions: a cafe culture, unbridled nightlife and a thriving community of young entrepreneurs.

Visit the last two remaining white rhino at Ol Pejeta Conservancy—a model in sustainable conservation. Enjoy a boat cruise on Lake Naivasha which is at the highest elevation of the Kenyan Rift Valley (6,100 feet). In Amboseli National Park watch large herds of tuskers under the shadow of Mount Kilimanjaro—Africa’s tallest mountain. Cross into Tanzania and descend into the extinct Ngorongoro Crater—a unique animal kingdom found nowhere in the world. Traverse the vast open plains of the Serengeti to witness a million migrating wildebeest—each one driven by the same ancient rhythm, fulfilling its instinctive role in the inescapable cycle of life.

Led by our very own Dr. Chris Whittier from the Cummins School of Veterinary Medicine, this program will showcase firsthand the successful conservation programs to protect some of Africa’s wildlife and iconic wilderness.

The stay in Tanzania may be the end of your trip with a flight back to Arusha, or your adventures may continue on extension tour to Tanzania’s magnificent and exotic Zanzibar Island.

This program offers a unique experience by merging the academic and the aesthetic, by exploring East Africa’s rich ecosystem, and a glimpse into the country’s commitment to conservation.

We hope you will join us on this memorable program, and since space is limited, we encourage you to reserve your place quickly.

Mary Ann R. Hunt
Associate Director, Tufts Travel–Learn Program
On-line: tuftstravellearn.org
E-mail: travel-learn@tufts.edu

@tuftsalumni
@tuftsalumni
November 4, 2023 – Depart USA
Depart for Nairobi.
(Note that early arrival options are available. Contact the tour operator for details)

November 5 – Arrive Nairobi
Met on arrival and transferred to your hotel. Enjoy welcome cocktails in the evening.
Situated along the Nairobi River in beautiful Kenya, the capital, Nairobi is East Africa’s most cosmopolitan city.
Overnight: Tamarind Tree Hotel (Welcome cocktails)

November 6 – Nairobi | Ol Pejeta Conservancy
Drive through the Kenyan countryside to the foot hills of Mount Kenya. Arrive at the Ol Pejeta Conservancy. Ol Pejeta is the largest black rhino sanctuary in east Africa. It is the only place in Kenya to see chimpanzees in a sanctuary established to rehabilitate animals rescued from the black market. It has some of the highest predator densities in Kenya, and still manages a very successful livestock program. Ol Pejeta also seeks to support the people living around its borders, to ensure wildlife conservation translates to better education, healthcare and infrastructure for the next generation of wildlife guardians.
Overnight: Sweetwaters Serena Tented Camp (B, L, D)

November 7 – Ol Pejeta Conservancy
Enjoy a day of learning about the conservation work carried out by the conservancy including a visit the chimpanzee sanctuary. Take part in tracking lions and visiting the black rhinos whose populations have slowly climbed thanks to the immense efforts in partnership with the local community. Overnight: Sweetwaters Serena Tented Camp (B, L, D)

Tour Highlights
• Traverse the endless Serengeti savanna plains following the Great Migration
• Encounter elephant herds under the shadow of Mount Kilimanjaro.
• Visit Ol Pejeta Conservancy and visit the chimpanzee sanctuary and last remaining white rhino.
• Descend into the Ngorongoro Crater– Tanzania’s wildlife Eden.
• Meet conservation experts who are on the front lines of sustainable conservation and community impact efforts.

Study Leader
Chris Whittier is a Research Assistant Professor and directs the Conservation Medicine program at the Cummings School of Veterinary Medicine at Tufts. He also maintains a position with the Smithsonian. An avid wildlife photographer, Dr. Whittier appeared in a number of wildlife documentaries, and has had field and laboratory research and photographs published in a variety of scientific journals, magazines, and books.

Program Itinerary
November 8 – Lake Naivasha  
At an elevation of 6,181 feet, Lake Naivasha is the highest elevation lake in the Great Rift Valley, though it is fairly shallow with depths ranging from 20 - 100 ft. The lake itself is 139.53 square miles in size and part of an ancient Pleistocene lake and volcanic system. The freshwater lake is home to many species of fish, birds, and a decent population of hippopotamus. Enjoy a short cruise on the lake and a perfect way to relax. Overnight: Lake Naivasha Sopa Lodge (B, L, D)

November 9 – Lake Naivasha | Amboseli National Park  
Depart by road to Amboseli National Park. Located in the southern Kenya, the park is renowned for its excellent variety of wildlife such as Masai giraffe, elephant, lion and cheetah. The location of the park gives you an uninterrupted view of Mount Kilimanjaro– Africa's highest peak and one of the seven peaks in the world that avid mountaineers yearn to climb. Overnight: Ol Tukai Lodge (B, L, D)

November 10 – Amboseli National Park  
Enjoy morning and afternoon game drives. Overnight: Ol Tukai Lodge (B, L, D)

November 11 – Amboseli | Ngorongoro (via Namanga Border Crossing)  
Cross the Namanga border into Tanzania. Note: your Kenya guides hands you over to the Tanzania guides/vehicles. Stop for a quick lunch and continue to the Ngorongoro Conservation Area– home to the famous Ngorongoro Crater. An extinct volcano and a veritable Garden of Eden, the Ngorongoro Crater is only a 100 square miles in size yet has some of the highest densities of lion and spotted hyena found anywhere in the world. The view from the crater rim at 1970 feet is nothing short of breathtaking. Overnight: Ngorongoro Farm (B, L, D)

November 12 – Descent into Ngorongoro Crater  
Early morning departure into the Crater for a game drive. What makes Ngorongoro unique is how over millions of years, animals and birds made it its home thanks to its ample water source and grazing pastures. Big animals tend to migrate between the crater floor and the forest on the rim in search for food. Overnight: Ngorongoro Farm House (B, L, D)

November 13 – Ngorongoro | Serengeti National Park  
Depart by road to the world famous Serengeti National Park. Witness the annual wilderness migration heading down from Kenya. Overnight: Semetu Camp (B, L, D)

November 14 & 15 – Serengeti National Park  
Spend 2 days traversing the endless savanna plains on game drives. Here’s your chance to start testing your wildlife spotting skills. Overnight: Semetu Camp (B, L, D)

November 16 – Departure  
Say goodbye to your guides and fly by bush plane to Arusha where day rooms have been arranged. You also have a choice of continuing your adventure to Zanzibar Island (see details below).
Tour Price

Land Package Only: $6,895 per person (double occupancy)
Single Room Supplement: $1,150

Includes
• Accommodation & meals mentioned above.
• All safari game viewing activities.
• Naturalist Guides in Kenya and Tanzania
• All park fees and conservation taxes.
• Full time local Tour Director (except during the optional extension).
• All airport meet and greet and transfers.
• Domestic safari bush flights.
• COVID rapid testing to re-enter the U.S. (if reinstated).

Excludes
• International flights.
• Tipping and gratuities to porters, guides, drivers, hotel and lodge staff.
• Drinks during meals.
• Laundry, dry cleaning, telephone, fax, internet.
• Travel insurance (highly recommended).
• Visa and passport services, vaccinations.

Level of difficulty: Easy to moderate.

Due to the nature of the areas we will be visiting, this program involves some walking on uneven terrain or up and down stairs that may be steep and/or without handrails. Accommodations will be in luxury properties, but note that they are located in remote locations in the bush, operating under challenging natural conditions (weather systems and animal movement) and may not offer all the amenities that big city based luxury hotels provide. Travel between parks will be by small plane and safaris will be conducted by 4x4 specially equipped safari vehicles often over bumpy terrain. Every effort will be made to ensure your comfort however it will be the responsibility of the guest to advise the tour operator and Tufts University regarding any concerns you may have. Please consult with your doctor regarding this trip, its length and location and share this brochure with them.
Optional Extension – 3 night/ 4 day to Zanzibar
November 16–19, 2023

Just a short flight from the Tanzania’s mainland lies the idyllic Indian Ocean archipelago of Zanzibar. Famous for intoxicating aromas of spices, beautiful white sand beaches, and warm turquoise waters, the heart of the island is undoubtedly Stone Town, a fascinating step back in time with narrow winding streets, Swahili traders and local fisherman, and the daily call to prayer.

Cost: $1,995 person (double occupancy)
$250 single room supplement

Includes:
• 3 nights at a luxury beach resort with daily breakfast and dinner.
• One way flight from Arusha to Zanzibar
• All airport transfers
• Half day tour of the historic Stone Town.

Excludes:
• Tipping and gratuities
• Beverages during meals
• Any additional meals not mentioned above
• Laundry, telephone, fax, internet
To reserve a space, please complete and return this form with your deposit of $1,000/ $1,250 per person including Zanzibar extension payable to Immersion Journeys. You may also fill out an online reservation form. See link to the online reservation.

Mail or e-mail the paper registration to: 455 Main Street, Suite 5M, New York, NY 10044/ E-mail: info@immersionjourneys.com. We will not process your deposit until you are assigned a place on the tour. Please contact 917-686-2620 if you have any questions about the registration process.

- Enclosed is my/our check of $_______ ($1,000 per person/ $1,250 per person including Zanzibar extension)
- Please charge my/our deposit of $_______ ($1,000 per person/ $1,250 per person including Zanzibar extension) to my:
  - VISA  q  MasterCard  q  American Express
  - Card #:__________________________________________  Expiration Date:_____________
  - Security Code (4 digits for AMEX/ 3 digits for others)__________  Authorized Card Holder Signature:_____________________ Date:__________

**Please sign me/us up for the 3-night Zanzibar extension.**

The balance of the trip is due on August 7, 2023 and is payable by check only. Credit card payments for the balance will be charged a 3.5% fee.

### Passenger Information

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- I prefer single accommodations *(Extremely limited and only on first come basis)*
- I plan to room with______________________________________________ [Double  q  Twin (separate beds)]
- I prefer to share accommodations *(if roommate is not available, I will pay the single rate).*
- Emergency Phone # and Contact Name (during trip): __________________________________________________________________________

Please indicate any special needs (diet, health, mobility, etc.): __________________________________________________________________

By submitting my/our deposit of $1,000 per person, I/we am/are registering for The Great Migration: A Journey Thorough Kenya & Tanzania program and have read and agreed to the Immersion Journeys Participant’s Agreement. I/we understand that portions of this trip will be moderately strenuous, will include some long drives and may include unpaved paths, steps and will be outdoors. Travelling will be in 4x4 safari vehicles and small bush planes. I/we also agree to be in good physical shape and will be prepared to walk without a full time walking aid or need a wheelchair. I/we also take responsibility for purchasing our own supplemental travel insurance including medical evacuation coverage.

Signature ___________________________ Date _____________
Signature ___________________________ Date _____________
INTRODUCTION: These are the terms and conditions applicable to the tour packages provided by Immersion Journeys LLC and Tufts University (collectively “Immersion Journeys”, “Tufts University”, “we”, “us” and “our”). The terms “client” “you” and “your” refer to each person who purchases and/or uses a tour package provided by Immersion Journeys.

RESERVATIONS AND PAYMENTS: A deposit of $1,000 or $1,250 per person including Zanzibar extension of the total Tour cost, along with a completed and signed tour reservation form are required in order to confirm your reservation. Upon receipt of these forms and your deposit, we will confirm your trip. Your signature on the tour reservation form confirms that you have read this Participant’s Agreement. The balance of your Tour cost is due of 90 days prior to departure.

TRAVEL INSURANCE: We strongly recommend that you purchase trip cancellation insurance. In the event that you must cancel your participation in a travel Tour, trip cancellation insurance may be the only source of reimbursement. Trip cancellation insurance is available for comprehensive coverage of such expenses in conjunction with cancellation due to illness or accident, and damaged or lost luggage. In addition, medical evacuation coverage may be required as a condition of booking. Please contact Mary Ann R. Hunt at Tufts Travel–Learn for insurance information. Mary_Ann.Hunt@tufts.edu, 617–627–0633

CANCELLATION AND REFUND POLICY: Our cancellation charges are based on the stringent payment policies of our suppliers of local services and therefore represent a reasonable estimate of our loss. Cancellation charges are expressed as a percentage of your total trip cost (excluding commercial airfare) and also depend on the day you cancel and the day of your scheduled departure from your home. Our cancellation charges are in addition to whatever the airline may charge you:

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<th>Penalty</th>
<th>Number of Days of Advance Written Notice</th>
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<td>$850</td>
<td>Ninety-one (91) or more</td>
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<td>50 percent</td>
<td>Between ninety-one (91) and sixty (60)</td>
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<td>One hundred percent (100%)</td>
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There is no refund for unused portions of a tour once it has commenced, and you are solely responsible for costs incurred by you due to missed, cancelled or delayed transportation. Your decision not to participate on the Tour due to State Department or Centers for Disease Control advisories or warnings, fear of travel, or for any other reason will be deemed a cancellation. If a flight or other delay for any reason prevents you from joining the Tour on the Tour start date, you will be considered a no-show. No refunds will be available, but you may join the Tour late if you wish.

Commercial airline tickets must be paid in full at the time of ticketing. Airline cancellation charges are set forth on the invoice.

NOT INCLUDED: Taxes; passport, visas and associated fees; personal expenses such as laundry, telephone calls and Internet access; accident/sickness, trip cancellation, and baggage insurance; gratuities to ship and hotel personnel; optional sightseeing excursions; baggage charges on aircraft; local departure air/airport tax(ies); airfare and associated local taxes, airport facility and security taxes and federal inspection fees not listed as included in the travel Tour; transfers and baggage handling to/from airport/hotel/ship on day(s) of arrival and/or departure; any overnight on land due to flight schedule(s); meals, alcoholic or other beverages and all other services not specifically mentioned as included in the travel Tour.

AIRFARE: Airfare is subject to change and availability and, depending on the fare basis, Immersion Journeys.

BAGGAGE: Luggage allowance policies are set by the airlines and may change without notice. Baggage is at owner’s risk throughout the trip. Airlines, buses, vans and other modes of transportation may all have weight and size restrictions on luggage. It is your responsibility to comply with all baggage restrictions.

PRICE INCREASES: Destination countries increase their VAT taxes from time to time. Some suppliers impose energy surcharges or other price increases. Prices are also subject to increase due to currency fluctuations. Any such increases will be applied to your total due at the time of final payment.

Participant’s Agreement

By signing our tour reservation form, or otherwise indicating your assent in writing, you agree to the terms and conditions set forth in this document. These terms and conditions apply to the Tour, the itinerary for the Tour and payment for the Tour.
reviewing the destination–specific information at www.travel.state.gov, useful information regarding your destination, we strongly recommend hazards, or climate extremes at locations to which you may travel. For the suppliers of services, unsafe conditions, health hazards, weather transportation, or for any failure of any transportation mechanism to mechanical or other failure of airplanes, vessels or other means of or safari operators, providers or organizers of optional excursions, food service or entertainment providers, etc. All such persons and entities are or the quality thereof, the lack of availability of or access to medical attention or the quality thereof, overbooking or downgrading of accommodations, mechanical or other failure of airplanes, vessels or other means of transportation, or for any failure of any transportation mechanism to arrive or depart timely or safely. Further, I release Immersion Journeys from its own negligence and assume all risk thereof.

We have no special or unique knowledge regarding the financial condition of the suppliers of services, unsafe conditions, health hazards, weather hazards, or climate extremes at locations to which you may travel. For useful information regarding your destination, we strongly recommend reviewing the destination–specific information at www.travel.state.gov, and the Centers for Disease Control at www.cdc.gov/travel.

If due to weather, flight schedules or other uncontrollable factors, you are required to spend an additional night(s), you will be responsible for your own hotel, transfers and meal costs. The right is reserved to decline to accept as a Tour participant, or remove from a Tour, without refund, any person Immersion Journeys judges to be incapable of meeting the rigors and requirements of participating in the activities, or who is abusive to other Tour participants, leaders or third parties, or who Immersion Journeys determines to detract from the enjoyment of the Tour by others. Specific room assignments are within the sole discretion of the lodge or hotel.

CANCELLATIONS AND POSTPONEMENTS BY IMMERSION JOURNEYS: Immersion Journeys reserves the right to change the itinerary, the lodges or hotels utilized or any Tour features at any time and for any reason, with or without notice, and Immersion Journeys shall not be liable for any loss of any kind as a result of any such changes. Immersion Journeys may cancel or postpone a Tour (or an option) for any reason whatsoever. Seasonal changes (for example, from low to high season) may result in higher prices. In any event, for cancellations (or postponements) based upon acts of God or force majeure, acts or orders of government, epidemics or the threat thereof, pandemics, terrorism or the threat thereof, strikes or labor disturbances, demonstrations, riots or civil unrest, criminal activity, supplier default or insolvency, or other similar circumstances, its sole obligation is to issue credits in the full amount of monies paid to Immersion Journeys, but only to the extent its suppliers are crediting Immersion Journeys with those monies paid by Immersion Journeys to them. Under no circumstances is Immersion Journeys obligated to refund the cost of any purchased travel insurance. Immersion Journeys is not required to cancel any Tour for any reason including without limitation, United States Department of State, Centers for Disease Control, World Health Organization or other Warnings or Advisories of any kind. Immersion Journeys is not responsible for fees assessed by air carriers resulting from operational and/or itinerary changes, even if Immersion Journeys makes the flight arrangements or cancels the Tour. Immersion Journeys reserves the right to substitute lodges, hotels, vessels or attractions for those listed in the tour description if same is required by circumstances beyond its control or for the convenience or well–being of clients.

OTHER TAXES AND FEES: Some governments charge departure taxes and/or fees. These fees are the responsibility of each passenger traveling to the designated country and are not included unless stated.
FORCE MAJEURE: Immersion Journeys assumes no responsibility for any personal injury, property damage, financial or other loss, accident, delay, inconvenience, or irregularity which may be occasioned by reason of any matter beyond our control including but not limited to a delay or cancellation of a flight that causes you to miss all or any portion of the Tour, acts of God, acts or orders of government, epidemics, war, terrorist acts, riots, disaster, weather events, or strikes.

INDEMNIFICATION: You shall indemnify, defend and hold harmless Immersion Journeys, Tufts University and its officers, employees, directors, suppliers and agents, in their individual capacities or otherwise, from and against any Losses arising out of: (i) your negligence; (ii) your failure to comply with applicable law; or (iii) your failure to comply with these terms conditions.

PHYSICAL ACCESSIBILITY: All Tours require physical independence and mobility. Any physical or mental condition that may require special medical attention or physical assistance (for example, the need for a wheelchair) must be reported in writing when you make your reservation. Participants must be able to embark or disembark vans or motor coaches alone or with minimal assistance from your traveling companion and climb stairs and step over raised thresholds without assistance. Participants requiring assistance must travel with a companion who will be responsible for handling equipment. Please understand that the Americans with Disabilities Act does not apply outside the United States.

CONDUCT DURING TOUR: You are also responsible for respecting the authority and following the directions of the tour guide and the laws of the countries in your itinerary. We may exclude you from participating in all or any part of the tour if, in our sole discretion, your condition or behavior renders you unfit for the tour or unfit for continuation once the tour has begun. Unfitness may include, without limitation, any behavior that, regardless of its cause, is inappropriate or offensive or interferes with the delivery of tour services, or may constitute a hazard or embarrassment. In such case, our liability shall be strictly limited to refund of the recoverable cost of any unused portion of the tour. Should you decide not to participate in certain parts of the tour or use certain goods included in the tour, no refunds will be made for those unused parts of the tour or goods.

MEDICAL PROXY: If you are unable to authorize your own medical attention and treatment, you authorize Immersion Journeys or its subcontractors or agents to authorize medical attention and treatment on your behalf. You agree to hold harmless and release Immersion Journeys from any liability for medical attention arranged or not arranged on your behalf. Immersion Journeys assumes no liability regarding provision of medical care or evacuation services.

CHANGES: Changes in this Agreement may be made only in writing, signed by an officer of Immersion Journeys.

BINDING ARBITRATION: Any dispute concerning, relating or referring to this Agreement, the brochure or any other literature concerning the Tour, or the Tour itself, shall be resolved exclusively by binding arbitration pursuant to the Federal Arbitration Act, 9 U.S.C. Sections 1-16, either according to the then existing Commercial Rules of the American Arbitration Association (AAA) or pursuant to the Comprehensive Arbitration Rules & Procedures of the Judicial Arbitration and Mediation Services, Inc. (JAMS). Such proceedings will be governed by substantive (but not procedural) State of New York law and will take place in New York City, New York. The arbitrator and not any federal, state, or local court or agency shall have exclusive authority to resolve any dispute relating to the interpretation, applicability, enforceability, conscionability, or formation of this contract, including but not limited to any claim that all or any part of this contract is void or voidable. Please understand that by agreeing to these terms and conditions, the participant and Immersion Journeys are waiving the right to a trial by jury. Any arbitration commenced against Immersion Journeys must be on behalf of only the signatory to this Agreement and his or her immediate family members who travelled with signatory, such as a spouse or child. Under no circumstances can participant be part of a class or other joint action.

By signing the Tour Registration form, you agree to the terms of this Terms and Conditions, Release of Liability, Assumption of Risk and Binding Arbitration Agreement. Your Agreement extends to any tour to which you may transfer. If you party includes a person under 18, then you represent that you are that person's parent or legal guardian.