



**NO SINGLE
SUPPLEMENT
for Solo
Travelers**

Trentino, South Tyrol & the Dolomites

Undiscovered Italy

Inspiring Moments

- Indulge in the extraordinary beauty of the **Dolomites**, a canvas of snow-dusted peaks, spectacular rock formations and cascading emerald vineyards.
- Admire **romantic Verona**, a heart-stirring array of intimate piazzas and Roman ruins.
- Cruise on beautiful **Lake Garda**, ringed by vineyards, lemon gardens and attractive harbors.
- Dine on **unique gastronomic dishes**, from polenta to strudel and savory bread dumplings known as *canederli*.
- Indulge in a delicious **light lunch and a tasting of balsamic vinegar** at an agritourism property.
- Discover **Bolzano** with its old-world charm and seductive blend of cultures.
- Experience two **UNESCO World Heritage sites**.



Fountain of Neptune and Cathedral of San Vigilio, Trento

Northern Italy beckons with a pristine wonderland of vertiginous rocky summits, misty spruce forests and mirror-like lakes. Fall under the spell of the Trentino-South Tyrol province, a blend of the Mediterranean Italian, Alpine Austrian, Germanic and ethnic Ladin cultures. Explore Trento, Bolzano and Verona, lyrical towns flaunting architectural treasures and gracious locals who are eager to share their passions. Travel through inspiring scenery, from lofty massifs that pierce the sky to exquisite Lake Garda. Plus, indulge in exceptional wines and wholesome fare crafted from recipes passed down through the generations.

Day-by-Day Itinerary

Day 1 | In Transit

Depart for Verona, Italy. 🚗

Day 2 | Verona, Italy | Trento

Upon arrival in Verona, transfer 🚗 to Trento and check in to the Grand Hotel Trento.

Gather for a Welcome Reception and Dinner tonight.

Day 3 | Bolzano

Discovery: Bolzano – The Heart of South Tyrol.

Encounter the vibrant capital of South Tyrol on a walking tour. Stroll through Waltherplatz, the city's town square, home to a Gothic-Romanesque cathedral with a steepled bell tower and a statue of poet Walther von der Vogelweide. Browse stalls overflowing with fresh fruits, cheeses and baked goods at Piazza delle Erbe, a marketplace since 1295. Then visit the South Tyrol Museum of Archaeology, home to Ötzi the Iceman, Europe's oldest natural human mummy.

After a lunch of authentic local cuisine, visit the Messner Mountain Museum. Established by renowned climber Reinhold Messner, the MMM - Firmian introduces visitors to the history and art of mountaineering.

Day 4 | Trento

Enrichment: Austro-Italian Trentino & South Tyrol.

Gain insight into this autonomous region that has long been disputed among European powers. It fell under Austrian rule for centuries before changing hands during WWI, when it was annexed by Italy.

Discovery: Trento. Admire the Mediterranean-style villas and picturesque streets of Trento, perched along the River Adige. Visit the magnificent Castello del Buonconsiglio, once the residence of Trento's prince-bishops. In the Piazza del Duomo, see the grand Fountain of Neptune and the Cathedral of San Vigilio, built in 1212 on the site of a sixth-century church devoted to St. Vigilio.

ALUMNI CAMPUS
ABROAD®



Free Time: The remainder of your day is at leisure. Over a delicious dinner, discover cuisine that is distinctly different from other regions in Italy. You'll find dishes that combine centuries-old Italian culinary traditions with hearty Austrian and German recipes.

Day 5 | **Verona**

Discovery: Romantic Verona. Journey to Verona, the setting of Shakespeare's legendary love story. Pass through lively Piazza Bra and step inside the Roman Arena. The amphitheater originally held 25,000 spectators who came to watch gladiator games and circus acts. Built in the first century, the arena was constructed from pink and white stone from nearby Valpolicella. Witness the Piazza delle Erbe, embraced by cheerful cafés and medieval buildings, and see the famous balcony of Juliet's House where Romeo and Juliet make plans to marry despite the feud between their families.

Free Time: Craft your own path. Relax with a gelato or walk to Giusti Garden for beautiful views.

Day 6 | **Ortisei**

Discovery: Ortisei & the Dolomites. Quaint Ortisei is nestled in the foothills and lush green carpet of the heavenly Val Gardena. Enjoy a cable car ride to Alpe di Siusi, Europe's largest high-altitude plateau, and revel in spellbinding views of flowers, the beautiful Dolomites and butterflies. After lunch, choose to tackle a nearby trail or return to Ortisei via cable car.

Day 7 | **Lake Garda**

Discovery: Lake Garda. Travel through a landscape of vine-cloaked hills to beautiful Lake Garda, Italy's largest lake that is host to a bevy of outdoor sports opportunities. Begin in Malcesine for an enriching visit to the Castello Scaligero. This defining structure has all the components of a classic castle, including internal courtyards, battlements and spectacular views of the lake and town. Next, enjoy a special guided tour of an agritourism property. The panoramic views from this hilltop property are truly spectacular! Delight your palate



with a light lunch and tastings of the balsamic vinegar produced on the property. Continue to the sun-kissed village of Limone sul Garda, a gem with lemon groves and cream and rose architecture. Enjoy a cruise across the lake to Riva del Garda and revel in blue waters stretching before you.

Day 8 | **Trento**

Enrichment: Contemporary Italy. Discuss current political, economic and social issues as they pertain to the Trentino and Südtirol provinces.

Free Time: The entire day is at your leisure.
Elective | South Tyrol Wine Safari. Spend an unforgettable day along the storied South Tyrol Wine Route. Visit popular wineries along Italy's oldest wine road, learn about the region's wine culture and sample a variety of local wines. A satisfying lunch is served during your outing.

Cap off your unforgettable adventure at a Farewell Dinner and Reception tonight.

Day 9 | **In Transit**

Transfer to the Verona airport for the return flight to your gateway city.

Included Features

Accommodations {with baggage handling}

- 7 nights in Trento, Italy, at the first-class Grand Hotel Trento.

Extensive Meal Program

- 7 breakfasts, 3 lunches and 3 dinners, including Welcome and Farewell Dinners; tea or coffee with all meals, plus wine with dinner.
- Opportunities to sample authentic, local cuisine.

Your One-of-a-Kind Journey

- **Small group:** Sized just right at 24 guests.
- **AHI Travel Assurance** plan covers Accident and Sickness Medical Expense, Trip Delay and Emergency Evacuation for U.S. residents.
- **Discovery excursions** highlight the local culture, heritage and history.
- Expert-led **Enrichment programs** enhance your insight into the region.
- **AHI Sustainability Promise:** We strive to make a positive impact wherever we travel.
- **Electives** to pursue your individual interests.
- Free time to pursue your individual interests.
- Welcome and Farewell Receptions to mingle with fellow travelers.
- A personal VOX headset to hear your English-speaking guide clearly.
- Tipping of guides and drivers.



2023 Departures & Pricing

May 31 – June 8, 2023

Full Price from	\$3,745
Special Savings	\$250
Special Price from	\$3,495*

*Special price available for a limited time. Call for details.
VAT & port tax supplement are an additional \$295 per person.
All prices quoted are in USD, per person, based on double occupancy and do not include air transportation costs (unless otherwise stated).
Single supplement waived for solo travelers! This offer is limited, capacity-controlled and tends to sell out quickly.
Program-specific terms and conditions are available at <https://tufts.ahitravel.com/destinations/1705A?schoolid=300>. You can also request a copy from our travel experts.
Note: Itinerary sequence and/or scheduled events may change. Walking is required on many excursions.
Flights and transfers provided for AHI FlexAir participants.
Electives available at an additional cost.

Above: Scaligero Castle, Malcesine, Lake Garda | Above right: Bolzano