

# Europe's Historic Rivers

MAIN, RHINE & MOSELLE

**NO SINGLE  
SUPPLEMENT**  
for Solo  
Travelers



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Travel-Learn

June 2-12, 2026

Featuring Dr. Sean Cash  
Professor of Global Nutrition



**Dr. Sean Cash**

Professor of Global Nutrition

Dr. Sean Cash is the Bergstrom Foundation Professor of Global Nutrition at the Friedman School of Nutrition Science and Policy at Tufts, where he chairs the Division of Agriculture, Food and Environment. He is an economist who teaches and conducts research on food policy, nutrition behavior, agriculture and the environment. He has previously worked in the Rhine River area, and has also served as a faculty host for past trips to the Rhine River as well as Scotland, Iceland, and the Canadian Rockies. Dr. Cash will present on topics on food policy and production in Europe.



# Travel-Learn

## Dear Alumni, Parents, and Friends of Tufts,

Embark on a journey to uncover the rich history of storied towns within Germany on a nine-night cruise along the great rivers of Europe! Unpack once on your first-class river ship and travel from Trier to Passau, with excursions in historic Old-World cities and towns specially designed to immerse you in local culture and history.

Grab your camera and capture the breathtaking scenery unveiled as the ship sails through the Main-Danube Canal. Marvel at the beauty of lush vineyards, colorful villages and fairy-tale castles as you glide across the Rhine and Moselle river valleys. Surround yourself with grandeur architecture, ancient monuments and the captivating highlights of each town with guided walking tours in Trier, Cochem, Koblenz, Miltenberg and Regensburg. Choose your desired excursions in select ports and indulge in regional dishes and local wines along the way!

This thoughtfully designed journey features Enrichment from expert guides and lecturers, along with the security and ease of group travel. Plus, you'll appreciate the camaraderie of other curious travelers and make your own discoveries during free time.

Please join us again or renew your connection to Tufts. As always, family members and friends are welcome to join as members of the Tufts "family." Share the experience of Travel-Learn!

Cheers,

Mary Ann Hunt  
Director of Lifelong Learning  
and Travel-Learn Program  
Tufts Travel-Learn Program

Paige Mellman  
Assistant Director of  
Lifelong Learning  
and Travel-Learn Program  
Tufts Travel-Learn Program

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[go.tufts.edu/travel\\_learn](http://go.tufts.edu/travel_learn)

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#TuftsTravelLearn

### UNESCO World Heritage

1. Roman Monuments, Cathedral of St Peter and Church of Our Lady in Trier
2. Upper Middle Rhine Valley
3. Würzburg Residence with the Court Gardens and Residence Square
4. Town of Bamberg
5. Old Town of Regensburg



Würzburg Residence

On this program, we expect a Tufts faculty host to join you to present lectures and lead discussions. However, if due to low enrollment it is not possible to send a Tufts lecturer along, please be assured that our partners at AHI Travel share our belief that travel should provide an opportunity to learn about the world around us in a deep and meaningful way. We are confident that they will provide you the learning opportunities we know our travelers cherish.

The decision to return to travel is a personal one. Please consider your own comfort level and if you will enjoy yourself while traveling. We look forward to welcoming you back and want you to have the pleasant, rich experience we know traveling the world can be!



# Discovery begins here



Journey along the storied Main, Rhine and Moselle rivers to uncover the historic riches of Old-World cities and towns. Revel in enchanting scenery, picturesque canals and hilltop castles as you travel through the Rhine and Moselle valleys. Delve into the unique backgrounds and awe-inspiring views offered in each region. Plus, choose from a variety of included excursions, culinary tours and cultural experiences in Würzburg, Bamberg and Nuremberg.

Top: Upper Middle Rhine Valley | Above: Zum Riesen, Miltenberg

Cover: Reichsburg Castle, Cochem | Mail panel: Detail of Gothic fountain, Nuremberg | Bamberg

## Inspiring Moments



- Cruise through the **Rhine-Main-Danube Canal**, an engineering marvel.
- Delight in the **Rhine Valley's enchanting scenery** of hilltop castles, vine-laced slopes and medieval towns.
- Immerse yourself in charming **Bamberg**.
- Admire the iconic half-timbered houses and medieval walls of **romantic Cochem**.
- Witness Reichsburg Castle perched high above the **serene Moselle River Valley**.
- Learn about Germany's **world-renowned wine region** along the Moselle.
- Discover the ancient monuments of **Trier**, Germany's oldest city.
- Uncover storied and historic **German towns** through local immersion.
- Experience five **UNESCO World Heritage sites**.



Regensburg

### Day 1 | In Transit

Depart your gateway city for Luxembourg. 🚢

### Day 2 | Luxembourg | Trier, Germany

Arrive and transfer 🔄 to Trier where you will embark your first-class ship.

Tonight, meet your fellow travelers at a festive Captain's Welcome Reception and Dinner.

### Day 3 | Trier | Moselle Valley

**Trier Walking Tour.** Witness breathtaking art and architecture at every turn on a guided walking tour of Germany's oldest town. Uncover the rich history of beautiful Trier and see its monumental attractions including the Porta Nigra gate, the Cathedral of Trier, the Roman Baths and the Roman amphitheater.

Return to the ship and admire dramatic vineyards, quaint villages and noteworthy castles as you sail through the Moselle Valley.

### Day 4 | Cochem | Koblenz

Enjoy breakfast as the ship arrives in Cochem.

**Cochem & the Reichsburg Castle.** Discover rich folklore and charming, half-timbered houses on a guided walk along Cochem's narrow, winding streets and stepped hills. Enjoy a tour of Reichsburg Castle, nestled on a hilltop with sweeping views of the town below. Savor a glass of wine and take in panoramic views of the Moselle River Valley from above.

**Enrichment: Moselle Wine Tasting.** Learn about and sample wines from the Moselle region with a sommelier from a nearby winery.

Witness colorful villages and tiered vineyards as you sail from Cochem to Koblenz through a narrow portion of the Moselle River.

### Day 5 | Koblenz

**Koblenz Discovery.** Wander the cobblestone lanes through this storied town, established over 2,000 years ago at the confluence of the Rhine and Moselle rivers. View awe-inspiring landmarks within Koblenz, including the Town Hall, the Church of Our Lady, the Old Castle and the Old Merchants' Hall. Continue to see the notable monument of Emperor Wilhelm II, situated on the German Corner.

This afternoon, cruise through the beautiful and romantic Upper Middle Rhine Valley, sailing toward Miltenberg.

### Day 6 | Miltenberg

**Frühschoppen.** Gather on the deck to experience a German tradition. Sip and socialize as you enjoy a local beer paired with fresh pretzels, sausages and mustards.

**Miltenberg Walking Tour.** Stroll through picturesque Miltenberg to relish the traditional half-timbered houses, historic taverns and 16th-century octagonal fountain. See the Town Hall and Germany's oldest working inn, Zum Riesen, with its storybook facade. Enjoy a liqueur tasting at St. Kilian Kellerei, a wine shop set above a 15th-century vaulted cellar.

### Day 7 | Würzburg

This morning, arrive in Würzburg. Set out to explore this romantic region of Bavaria.



**🌐PYJ | Choose one of these excursions:**

- **Würzburg Residenz & City Walk.** Relish a visit inside one of the finest baroque palaces in Europe. The renowned Würzburg Residence boasts its Imperial Hall, the Hall of Mirrors and an impressive staircase with a brilliant fresco. Walk through the city center to see the Neumünsterkirche, St. Kilian's Cathedral, the Old Town Hall and the scenic market square.
- **Romantic Road.** Traverse the Franconian heartland along the Romantic Road, a famous historic path that offers captivating views of the varying landscapes, fairy-tale castles and alleyways decorated with colorful blooms. Then, spend time in the well-preserved medieval city, Rothenburg ob der Tauber

**Day 8 | Bamberg**

Disembark for the day and enjoy a scenic drive to endearing Bamberg.

**🌐PYJ | Choose one of these excursions:**

- **Bamberg Walking Tour.** Witness colorful Gothic and baroque masterpieces on a guided walking tour of this fairy-tale town. Visit the most famous fountain in Bamberg

Moselle white wine



to see its centerpiece, the statue of Neptune. Continue towards the Obere Brücke and wander under the grand rococo archway to marvel at the red-roofed fishermen's houses and baroque mansions of Bamberg.

- **🌐AHI Connects | Culinary Delights.** Learn about and sample local delicacies with Bavarian and Franconian influences during a culinary tour of Bamberg. Walk the town to visit a local deli, bakery, butcher shop, and candy store.

**Enrichment: Main-Danube Canal.** Discuss the history and importance of Europe's greatest man-made passageway with a local expert.

**Day 9 | Nuremberg**

The ship arrives in Nuremberg this morning.

**🌐PYJ | Choose one of these excursions:**

- **Sights of Nuremberg.** Join a panoramic drive through the city, passing by the courthouse that held the World War II trials. Stop at the renowned hilltop castle and set out on guided tour to see the lively old town and famous 14th-century Gothic fountain.



Koblenz

## Included Features



### Accommodations (with baggage handling)

- **Unpack once** and cruise for 9 nights aboard the **exclusively chartered**, first-class MS Amadeus Amara.

### Transfers (with baggage handling)

- Deluxe motor coach transfers during the Cruise program.

### Extensive Meal Program

- 9 breakfasts, 8 lunches and 9 dinners, including Welcome and Farewell Dinners; tea or coffee with all meals, plus wine, beer or soft drinks with lunch and dinner.

### Your One-of-a-Kind Journey

- **Enrichment by expert speakers** enhances your insight into the region.
- **Engaging excursions** showcase the local culture, heritage and history.
- **Personalize Your Journey | PYJ |** A choice of excursions in selected locales.
- **Electives** and free time to pursue your individual interests.
- **AHI Connects:** Local immersion.
- Welcome and Farewell Receptions to mingle with fellow travelers.
- A personal VOX headset to hear your English-speaking guide clearly.
- Tipping of guides and drivers.
- **AHI Sustainability Promise:** We strive to make a positive impact wherever we travel.



- **History of Nazi Party Exhibit.** Visit a special Interim Exhibition that presents the history of the Nazi Party Rallies and the Rally Grounds.

This evening, head to the Sun Deck to capture photos of the breathtaking scenery as the ship sails through the Main-Danube Canal.

### Day 10 | Regensburg

Arrive in Regensburg this morning.

**Historic Regensburg Walking Tour.** Explore one of Germany's most charming towns to see iconic landmarks, including the ancient Roman tower and gateway of Porta Praetoria, the 12th-century Stone Bridge, the Altes Rathaus bright yellow Town Hall dating back to the 1200s and the enthralling St. Peter's Cathedral with its stunning stained-glass windows. Visit the Thurn und Taxi Palace to learn about its rich history and see the ballroom and throne room.

This evening, raise a glass to your adventure during a Farewell Reception and Dinner.

### Day 11 | In Transit

Transfer to the Munich airport for the return flights to your gateway city.

Note: Itinerary may change due to local conditions.

Flights and transfers included for AHI FlexAir participants.

PYJ experiences are included.

Elective experiences available at an additional cost.

### Activity Level

We have designated activity levels for all excursions on this program. For more details, please call or visit our website.

#### Excursions on this itinerary require:

- walking on cobblestones, unpaved paths and/or uneven surfaces
- getting on/off motor coaches and boats

Old Town, Würzburg



## **EXTEND YOUR STAY**



*Luxembourg*

### **Luxembourg | 2 Nights**

{ Elective PRE-Trip Extension at an additional cost }

Indulge in the capital city of Luxembourg for two nights. Brimming with historic monuments, fascinating museums and beautiful architecture, Luxembourg has many treasures to share. Join an included city tour that showcases its many highlights. Visit the Luxembourg American Cemetery and Memorial, where more than 5000 U.S. service members are buried. During ample time at leisure, craft your own path through Luxembourg!

**\$995 per person, double occupancy | \$ 1,390 single occupancy**

## **EXTEND YOUR STAY**



*Munich*

### **Munich | 3 Nights**

{ Elective POST-Trip Extension at an additional cost }

Launch your journey through Germany with a three-night stay at a vibrant oasis located in the heart of Munich. This extension features a visit to the baroque Nymphenburg Palace to revel its Gallery of Beauties and a specially arranged lunch to sample delicious Bavarian specialties. See the Frauenkirche, Old Town Hall and St. Peter's Church with ample opportunity to relish the beautiful sites of Munich.

**\$1,495 per person, double occupancy | \$1,990 single occupancy**

# 2026 | Departure Details

## Program Dates

**Travel dates †**      **June 2-12, 2026**

† Travel dates include any overnights required for international travel. These dates may vary depending on air schedules.

**Tour dates\***              **June 3-12, 2026**

\* Tour dates begin on the scheduled arrival date at your destination and end on the scheduled departure date from your destination.

## Cruise Program

Category-Deck	Full Price	Special Savings Price*
E-Haydn (Mid Aft)	\$5,045	<b>\$4,295</b>
D-Haydn (Midship)	\$5,245	<b>\$4,495</b>
C-Strauss (Aft)	\$5,845	<b>\$5,095</b>
B-Strauss (Midship)	\$6,045	<b>\$5,295</b>
A-Mozart (Aft)	\$6,545	<b>\$5,795</b>
Suite-Mozart (Midship)	\$7,345	<b>\$6,595</b>

**\*This Special Savings Price includes our \$250 Early Booking and \$500 Pay-in-Full discounts and is valid if you book by the date on the address panel and pay in full at booking.**

Deposit amount is \$750 per person.

Final Payment is due at least 120 days prior to departure.

Suite category features a balcony. Categories A, B and C feature a drop-down panoramic window. Categories D and E feature a panoramic window.

Price includes applicable program taxes (such as VAT and port charges).

All prices quoted are in USD, per person, based on double occupancy and do not include air transportation costs (unless otherwise stated).

Special offers, promotions and discounts cannot be combined.

**Single supplement waived for solo travelers!** This offer is limited, capacity-controlled and tends to sell out quickly.

**Please note:** Program-specific terms and conditions are available at <https://tufts.ahitravel.com/destinations/1934A?schoold=300>.

## AHI FlexAir

### Let us arrange your flights

Our experts are ready to assist you in booking flights. Our personalized air program offers the following advantages:

- **price guarantee** to protect you from fuel surcharge increases after ticket purchase
- arrival and departure **transfers** on group dates
- **flexibility** to change or cancel your reservation before departure on most flights (Fees may apply.)
- **assistance** in the event of schedule changes or delays



## MS Amadeus Amara

Debuting in 2025 as the newest flagship in the premium Amadeus fleet, the luxurious 82-cabin MS Amadeus Amara sets a new standard of sustainability in river cruising. Step aboard timeless elegance and embark on a cruise where your enjoyment and comfort are the highest priority. The attentive crew will take care of your every need as you sit back and soak up scenic river views from spacious outdoor settings or intimate nooks. From the ship's beautifully appointed surroundings bathed in natural light to all-inclusive gourmet dining and on-board entertainment, you will surely indulge in a stress-free stay.



### **AHI Travel Expertise**



**Travel Consultants** assist with the reservation process.

**Travel & Air Coordinators** offer their personalized assistance with flights, electives and special requests.

**Travel Information** provides pre-departure details and enrichment about your destination.

**Your Travel Director**, a seasoned, multilingual professional, manages daily logistics so you enjoy a seamless experience.

**Handpicked Expert Guides** and **Knowledgeable Lecturers** deepen your appreciation for the region and its history, culture and current events.

## Book your journey today!

**877-338-8728 (877-EDU-TRAV)**

**go.tufts.edu/travel\_learn**



## Explore storied villages along Europe's great rivers!

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to the people, places and cultures  
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