

Dear Alumni, Parents, and Friends of Tufts,

We invite you to join us on an exclusive 12-day small group tour to experience the outstanding scenery and abundant history of the Canadian Maritime provinces of Nova Scotia, New Brunswick, and Prince Edward Island.

The exploration begins with a scenic day along Nova Scotia's scenic South Shore and iconic Peggy's Point Lighthouse. Encounter the region's colonial history at Lunenburg, a UNESCO World Heritage Site, and at the Grand-Pré National Historic Site in the picturesque Annapolis Valley. In the Bay of Fundy, take a whale-watching cruise, and enjoy dinner aboard a lobster boat in Shediac. While staying in Charlottetown, Prince Edward Island, tour the island, including the Green Gables Heritage Place. On beautiful Cape Breton Island, visit the Alexander Graham Bell National Historic Site, drive the world-famous Cabot Trail, and see the 18th-century Fortress of Louisbourg. After returning to Halifax, celebrate the Maritimes adventure with a farewell dinner.

There's limited availability for this small-group Tufts journey, so seize the moment and make your reservations now. Your deposit is fully refundable up until 95 days before departure. Book risk-free today! **Call our tour operator, Odysseys Unlimited, Inc., at 888-370-6765 to book risk-free!**

Warmly,

Mary Ann R. Hunt
Director, Lifelong Learning and Travel-Learn Program

Online: go.tufts.edu/travel_learn

E-mail: travel-learn@tufts.edu

@tuftsalumni

@tuftsalumni #TuftsTravelLearn

P.S. We know that some people are ready to start making travel plans, while others are not. The decision is a personal one. Please consider your own situation, comfort level, and your ability to enjoy yourself while traveling. When you are ready, we look forward to welcoming you back!

TUFTS TRAVEL-LEARN PROGRAM RESERVATION FORM: THE CANADIAN MARITIMES

To reserve your place on tour, please call **Odysseys Unlimited toll-free at 888-370-6765**. Please have the information outlined below available to share with an Odysseys Unlimited Travel Counselor.

If you prefer, you may also complete this Reservation Form and submit it to Odysseys Unlimited's office. Once this request is received, a Travel Counselor from Odysseys Unlimited will contact you within two business days to securely take your credit card information for the deposit. Your reservation is not confirmed until your deposit is paid and processed. Payment may be made by American Express, Discover, MasterCard, or VISA, or by personal check. If paying by check, please make check payable to **Odysseys Unlimited, Inc.** and include with the form. Final payment is due at least 95 days prior to departure.

Send to: **Odysseys Unlimited, Inc.**

Attn: Special Interest Groups

One Newton Place

275 Washington Street, Suite 300

Newton, MA 02458

THE CANADIAN MARITIMES • AUGUST 28-SEPTEMBER 8, 2022

I/We would like to request _____ place(s). (Deposit amount is \$500 per person.)

Full Passport Name _____ Date of Birth _____ Gender _____

Full Passport Name _____ Date of Birth _____ Gender _____

Address _____

City _____ State _____ ZIP _____

Home Phone (_____) _____ Cell Phone (_____) _____

E-mail(s) _____ Badge Name(s) _____

Please book my/our air from _____

I will share a room with _____ I request a single room (limited availability)

GENERAL TERMS AND CONDITIONS

Please read this information carefully, as payment of a \$500 deposit per person represents your acceptance of the following Terms and Conditions.

Not Included in Tour Price: Airfare when purchasing a Land Only package; costs of passports and visas; immunizations, inoculations, and COVID-19 testing; personal expenses such as beverages, laundry, room service, and meals not specified; airport transfers when purchasing a Land Only package; communication charges; optional sightseeing; gratuities to your Odysseys Unlimited Tour Director, which are at your discretion (suggested gratuities: \$40-\$15 per traveler, per day); and travel protection insurance. Additional baggage fees may apply and are subject to change at any time. You should confirm directly with your airline(s) prior to departure.

Cancellations, Refunds, and Changes: If you must cancel your trip, the effective date of cancellation will be upon Odysseys Unlimited, Inc.'s receipt of your notification. Refunds for cancellations are subject to the following per person charges: **cancel 95 days or more before departure: full refund; cancel 94-65 days before departure: 25% of tour price; cancel 64-45 days before departure: 50% of tour price; cancel 44-30 days before departure: 75% of tour price; cancel 29-0 days before departure: no refund.** If you make any changes to your reservation from 94 to 30 days prior to departure, Odysseys Unlimited, Inc. will apply a \$400 per person administrative fee, in addition to any fees or penalties imposed by third parties. Changes are subject to availability and cannot be guaranteed. If your reservation changes from double occupancy to single occupancy for any reason, you will be charged the single supplement. **No changes are allowed within 30 days of departure. Upon reservation, you must provide your full legal name as it appears on your passport, as well as your date of birth and gender. In the event an airline ticket is issued with incorrect information you have provided, you will be responsible for charges associated with the ticket's reissue.**

Responsibility: The liability of the Tufts University Alumni Association, as sponsor, and Odysseys Unlimited, Inc., as tour operator, is strictly limited. Odysseys Unlimited, Inc. purchases transportation, hotel accommodations, and restaurant and other services from independent suppliers not under our control. We serve only as agents for these suppliers in securing tour arrangements and therefore will not accept responsibility for wrongful, negligent, or arbitrary acts or omissions of these independent contractors, or of their employees, agents, servants, or representatives. The Tufts University Alumni Association and Odysseys Unlimited, Inc. are not liable for injury, damage, loss, accident, or delay that may be caused by events not within our control, including, without limitation, acts of terrorism, war, strikes, the defect of any vehicle, or the negligence or default of any third party. All coupons, receipts, and tickets issued are subject to the terms and conditions specified by the air carriers, cruise lines(s), and other independent suppliers. We will make every effort to operate our tours as planned, but we reserve the right to make itinerary changes as necessary. If unforeseen circumstances require us to change a hotel, we will select alternative accommodations of the same or better quality.

Health and Medical issues: We request that you be in good health to participate in this tour. There is a considerable amount of walking, and you must be able to get on and off motorcoaches and boats on your own. We regret that we cannot offer individual assistance; in such cases you must be accompanied by a companion who will assist you. Please note that many of our tour itineraries, for reasons beyond our control, do not accommodate wheelchairs. Please call or e-mail us to inquire and we will do our best to answer any questions you may have. We reserve the right to remove anyone whose physical or mental condition, in our opinion, compromises the operation of the tour or detracts from the enjoyment or safety of the other passengers. In that event, the Tufts University Alumni Association and Odysseys Unlimited, Inc. assume no financial responsibility for any unused portion of the tour.

Air Transportation – Important Information: Odysseys Unlimited, Inc. includes in its tour price round-trip economy air from designated gateway cities as shown, and contracts with those airlines the company feels provide the level of service, routings, and value necessary for your entire trip. While another airline may offer a more direct connection, it may be at a price unavailable at the lower group rates. You will receive your preliminary air schedule approximately 2½ months prior to departure. **Please note that seat assignment on your international flight is usually done at airport check-in. Odysseys Unlimited, Inc. is unable to guarantee any seat assignments.** Due to the nature of tour operator tickets, other restrictions apply, including, but not limited to, frequent flyer mileage accrual, stopovers, alternate travel dates, upgrades, and airline taxes and fees. If you prefer to make your own travel arrangements, Land Only is available on most tours. **Since international and domestic air schedules are subject to change at any time, we recommend that if you choose to make your own airline reservations, you do not purchase non-refundable tickets or those with high penalties for changes. If you choose to make your own air arrangements, Odysseys Unlimited, Inc. shall not have any liability for any loss resulting from cancellation of this tour or changes in this tour.**

COVID-19 Health and Safety Protocols: The wellbeing of our guests and staff members on tour will continue to be our highest priorities. To maintain a healthy environment for travel, we will be establishing and adhering to a detailed set of health and safety protocols for all facets of your tour. We are committed to following the guidelines of the State Department, CDC, WHO, and authorities of respective countries regarding travel to a particular destination. Detailed protocols for this tour, based on conditions at the time, will be provided approximately 115 days prior to departure.

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Unlimited, Inc.



Office of Alumni Engagement
80 George Street, Suite 100-3
Medford, MA 02155



**JOIN US FOR AN EXCLUSIVE
TUFTS UNIVERSITY TOUR TO
THE CANADIAN MARITIMES!**

Reserve risk-free: Your deposit is fully
refundable up to 95 days before departure



Travel-Learn



The Canadian Maritimes

August 28-September 8, 2022

12 days from \$5,097 total price from Boston
(\$4,995 air & land inclusive plus \$102 airline taxes and fees)



This tour is provided by
Odysseys Unlimited,
seven-time honoree
Travel + Leisure's World's
Best Tour Operators award.

**An Exclusive Small Group Tour for
Alumni, Family, and Friends of Tufts University**

*Featuring Sean B. Cash, Bergstrom Foundation
Professor of Global Nutrition and an Associate Professor at
the Friedman School of Nutrition Science and Policy at Tufts*

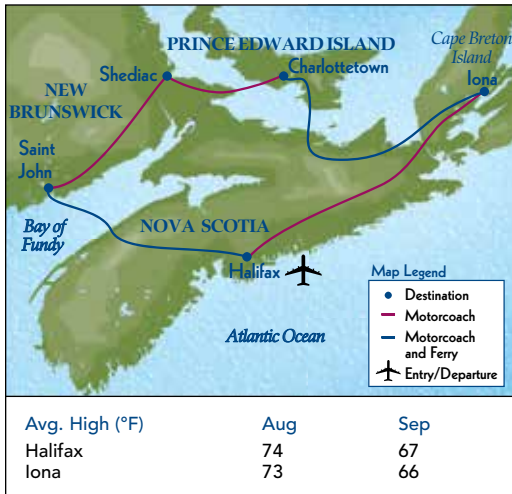
Tour membership limited to 24 alumni and friends

The Canadian Maritimes

12 days from \$5,097 total price from Boston

(\$4,995 air & land inclusive plus \$102 airline taxes and fees)

Nova Scotia, New Brunswick, and Prince Edward Island make for a scenic and history-infused journey. We explore fishing villages and port cities, French fortifications and colonial British settlements, and travel to secluded Prince Edward Island and rugged Cape Breton on this classic route.



Day 1: Arrive Halifax, Nova Scotia We arrive today in Halifax, capital of the Canadian province of Nova Scotia and a bustling center of commerce and shipping. As guests' arrival times may vary greatly, we have no group activities or meals planned for today.

Day 2: Halifax/Lunenburg/South Shore This morning we begin our exploration of Canada's maritime provinces with a scenic and comprehensive day along Nova Scotia's South Shore. Once the domain of privateering pirates, the region is now home to countless photogenic fishing villages. We set out early for Peggy's Cove, a tiny hamlet strung along the eastern shore of St. Margarets Bay. Our destination: Peggy's Point Lighthouse, one of Canada's most photographed landmarks and where we enjoy breakfast overlooking the red-and-white beacon perched on a granite outcropping. Then we continue on the coastal road to Lunenburg, a UNESCO World Heritage Site. Settled by the British in 1753, this historic town represents Canada's finest surviving example of a planned British town. We take a walking tour of this colorful hamlet then have time for lunch on our own. Our touring continues this afternoon as we make a photo stop in Mahone Bay, known for its three centuries-old churches. Late this afternoon, we return to Halifax for tonight's welcome dinner. *B,D*

Day 3: Halifax/Saint John, New Brunswick Today we travel to the scenic Annapolis Valley, a network of farms, fields, and forests lying between two mountain ranges in Nova Scotia's northwest. We stop for a tour at Tangled Garden, where we learn how the workers use the fresh fruit and aromatic herbs cultivated here to create a wide range of preserves, jellies, mustards, and liqueurs. After sampling a few of the garden's wares, we visit nearby Grand-Pré National Historic Site, dedicated to the memory of the area's original French Acadian settlers. Then we travel to the coastal village of Digby, the "Scallop Capital of the World," where one of the options for lunch will include this Maritime delicacy. Late this afternoon we board a ferry and cross the Bay of Fundy to Saint John, where dinner tonight is on our own. *B,L*

Day 4: Saint John/St. Andrews This morning we embark on a panoramic tour of Saint John, the first incorporated city in present-day Canada. We gain an

Small Group Tour Highlights

Iconic Peggy's Cove Lighthouse • UNESCO site of Lunenburg • Scenic Annapolis Valley and Grand-Pré National Historic Site • Bay of Fundy whale watch • Dinner aboard a lobster boat • Prince Edward Island touring • Alexander Graham Bell Historic Site • Full-day Cabot Trail drive • 18th-century Fortress of Louisbourg

Day	Itinerary	Hotel	Rating
1	Depart U.S. for Halifax	Halifax Marriott Harbourfront Hotel	Sup. First Class
2	Halifax	Halifax Marriott Harbourfront Hotel	Sup. First Class
3-4	St. John	Delta Hotels St. John	Sup. First Class
5	Shediac	Hotel Shediac	Not rated
6-7	Charlottetown	Rodd Charlottetown	First Class
8-10	Sydney	Cambridge Suites Hotel Sydney	First Class
11	Halifax	Halifax Marriott Harbourfront Hotel	Sup. First Class
12	Depart Halifax for U.S.		

Ratings are based on the Hotel & Travel Index, the travel industry standard reference.

Cover photo: On Day 9, we travel Cape Breton Island's dramatic Cabot Trail.



We visit the historic Fortress of Louisbourg on Cape Breton Island.

appreciation for the city's history as we drive along King Street, the steepest main street in Canada; and pass by landmarks including the Loyalist House, one of Saint John's first homes; hilltop Carleton Martello Tower, the fortification that ranks as Saint John's oldest building; and the Old City Market, Canada's longest-running farmer's market. Then we make our way down the coast to St. Andrews-by-the-Sea. From here, we embark on a whale watching cruise in the Bay of Fundy, where we're on the lookout for the bay's 12 species of whales (including humpback, minke, and finback). *B,D*

Day 5: Saint John/Shediac We travel today to the head of the Bay of Fundy to tour Hopewell Rocks, famous for having the world's highest tides. Formed over the millennia as the seaside sandstone cliffs were slowly worn away by a combination of wind, surface water, and tide, these "Flowerpot Rocks" range from 40 to 70 feet tall. We spend time here to view the formation, then continue on to Shediac, the "Lobster Capital of the World." Here we enjoy an authentic lobster dinner on board a working lobster boat and learn about this industry that plays a vital role in the region's economy. *B,L,D*

Day 6: Shediac/Charlottetown, Prince Edward Island This morning we cross the 8-mile-long Confederation Bridge connecting mainland Canada to Prince Edward Island (PEI). Many PEI residents trace their lineage back to the area's first French and English settlers, and we learn about this rich historical tradition at our first stop on the island: Village Musical Acadien, which hosts cultural events, concerts, and community theater. We continue on to Charlottetown, PEI's capital and our home for the next two nights. Known as the "Birthplace of Confederation," Charlottetown hosted the Char-

lottetown Conference of 1864, which paved the way for Canada's eventual independence from Britain. We tour this historic locale, passing the Greek- and Roman-influenced Province House, seat of the PEI Legislature since 1847; and the Confederation Centre of the Arts, a National Historic Site and home to Canada's longest-running mainstage musical, *Anne of Green Gables*. *B,L*

Day 7: Prince Edward Island After a morning at leisure in Charlottetown, early this afternoon we travel to the island's scenic North Shore, where we admire the red cliffs, white-sand beaches, gently sloping dunes, and green fields of Prince Edward Island National Park. Along our drive we stop to tour the Green Gables Heritage Place, the restored 19th-century farm (and National Historic Site) that was the setting for the *Anne of Green Gables* novels. We have time to take in the new visitor center with its interpretative exhibits, and to explore the lovely grounds and gardens. Then we enjoy afternoon tea at historic Dalvay-by-the-Sea, the opulent and beautiful Queen Anne Revival-style hotel. *B,D*

Day 8: Charlottetown/Sydney, Cape Breton Island This morning we board a ferry for the return trip to the mainland then travel to Cape Breton Island, one of Canada's most beautiful spots. Our first stop here: Baddeck, set on the shores of Bras d'Or Lake, where we tour the Alexander Graham Bell National Historic Site, a museum complex featuring the actual models and documents Bell created while experimenting at his home nearby. Then we continue on to our hotel in Sydney. *B,D*

Day 9: Sydney/Cabot Trail It's a day of outstanding scenery as we drive the world-famous Cabot Trail. Named for Venetian explorer Giovanni Caboto (John



I DREW A MAP OF CANADA OH, CANADA”

– JONI MITCHELL

Cabot) who landed in Atlantic Canada in 1497, this 185-mile route loops around the northern tip of Cape Breton Island, passing through the rugged and beautiful Cape Breton Highlands National Park. Here, steep cliffs repel the crashing surf, river canyons carve out routes to the sea, and mountainsides covered in deep green pines provide stunning photo opportunities. As we pass through this magnificent landscape, we make ample stops to absorb the grandeur of our surroundings. *B,L,D*

Day 10: Louisbourg Today we visit the Fortress of Louisbourg National Historic Site, the reconstructed fortress that is now a living history museum. Then we return to Sydney, Cape Breton’s largest town, where we have free time to explore as we wish followed by dinner at a local restaurant. *B,D*

Day 11: Sydney/Halifax, Nova Scotia On the way back to Halifax today, we stop for lunch at the Mass-town Market near Truro, a produce and fish market popular with locals. We have some free time upon our return to Halifax before we gather tonight for a farewell dinner to celebrate our Maritimes adventure. *B,D*

Day 12: Depart Nova Scotia We transfer to the Halifax airport today for our flights home. *B*



Iconic lighthouse at Peggy’s Cove

Your Tour Price Includes

- Round-trip air transportation from listed cities
- 11 nights’ accommodations in Superior First Class, First Class, and unrated hotels
- 23 meals: 11 breakfasts, 4 lunches, 8 dinners
- Extensive sightseeing as described, including all entrance fees
- Services of an Odysseys Unlimited Tour Director
- Private motorcoach transportation throughout your trip
- Luggage handling for one bag per person
- Gratuities for local guides, dining room servers, airport and hotel porters, and all drivers

Tufts Faculty Host



Dr. Cash is an economist who teaches and conducts research on food, nutrition behavior, agriculture and the environment. He has lived and worked in Canada and has previously served as a faculty host for trips to the Canadian Rockies and the Rhine River. His research focuses on how food, nutrition, and environmental interventions and policies affect both producers and consumers. He also conducts research in sustainable food systems and invasive species management. Dr. Cash will present on topics of food and agriculture relevant to the Canadian Maritimes, such as trade in these areas, and Maritime food and beverage production.



We visit Lunenburg and its scenic harbor on Day 2.

Tour Departs: August 28, 2022

Prices include int'l airfare and all taxes, surcharges, and fees.

Boston	\$5,097
Chicago, New York	\$5,297
Atlanta, Baltimore, Charlotte, Cincinnati, Cleveland, Detroit, Washington, DC	\$5,397
Dallas, Denver, Houston, Los Angeles, Miami, Minneapolis, Orlando, Philadelphia, Tampa	\$5,497
Phoenix, Portland (OR), San Francisco, Seattle	\$5,597
Land Only (transfers not included)	\$4,695

Please call if your city is not listed. Prices are per person based on double occupancy and include airline taxes, surcharges, and fees of \$102, which are subject to change until final payment is made.

Single travelers please add \$1,195. Your \$500 deposit is fully refundable up to 95 days from departure. All tour prices above (excluding airline taxes, surcharges, and fees) are guaranteed.

Please note: This trip involves considerable walking up hills or stairs, and on uneven or cobblestone streets. You should be in good physical condition to enjoy this tour to the fullest.

For reservations and information, please call Odysseys Unlimited, Inc. toll-free at 888-370-6765

Monday–Friday, 9:00 AM–7:00 PM, Eastern Time

**Visit Tufts’ website:
go.tufts.edu/travel_learn**