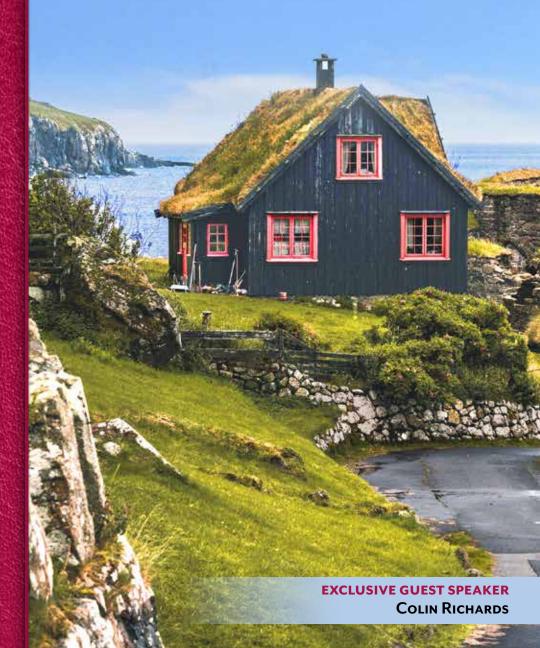


May 30 to June 8, 2024

Scotland, Iceland, and the Faroe Islands



SCOTLAND, ICELAND, and the Faroe Islands

From Glasgow, Scotland, to the Icelandic capital of Reykjavik, cruise the storied seas to discover exceptional scenery, islands steeped in Viking lore, and remote shores boasting impressive histories and unrivaled natural treasures.

Aboard your 5-star expedition ship, follow in the wake of Viking explorers on a journey that reveals the austere beauty of the Inner Hebridean Islands, including the isles of Iona and Skye. Learn more about the Standing Stones of Callanish while exploring the 5,000-year-old Neolithic ruins on the Isle of Lewis and visit the striking port of Tórshavn on the Faroe Islands.

In Iceland, enjoy an excursion to Jökulsárlón Glacier Lagoon and encounter colorful Heimaey Island. Gain insight into the historic Eldfell volcano eruption at the renowned Eldheimar Museum and gaze at the awe-inspiring Diamond Beach. Complete your journey with a cruise along Iceland's UNESCO-inscribed Surtsey, one of Earth's youngest islands.

Immerse yourself in proud maritime legends, be welcomed by Faroese hospitality, and savor the superbly wild and romantic landscapes of these epic destinations!





Tufts Travel-Learn

Dear Alumni, Parents, and Friends of Tufts,

The earliest records of the Vikings arriving in Gaelic regions of Scotland date from the eighth century, as legions of seafaring warriors sought their fortunes in a new part of the world. Our new, specially curated 10-day program explores the mighty Norse-Gael kingdom's legendary impact on Scotland, the far-reaching Faroe Islands, Iceland, and beyond. Along with alumni from our like-minded partner institutions on this departure, including Brown University, Dartmouth College, and Fordham University, we'll discover the myths and stories of the Nordic Vikings and the Gaels of Scotland!

You will enjoy the luxuries of the exclusively chartered, five-star LE BELLOT—featuring only 92 suites and staterooms, each with a private balcony. Cruise the North Atlantic Ocean from Glasgow, Scotland, to the remote Faroe Islands, ending in Reykjavík, Iceland. Each day offers opportunities to visit diverse ports, from endearing villages with turf-roofed houses to bustling cities. Explore islands brimming with fascinating geology and archaeological sites, and gaze in awe at thundering waterfalls and wind-blown hills. Along the way, our experts share their knowledge and perspectives on the histories of these remarkable lands.

Tufts-Gohagan & Company 2024 departures

For a full list of 2024 travel programs visit go.tufts.edu/travel_learn.

Cruising the Red Sea & Aegean Sea March 8 to 21, 2024

Celtic Lands June 4 to 14, 2024

Singapore, Bali & the Islands of Indonesia Oct. 17 to Nov. 1, 2024

This exclusive travel program is expected to sell out quickly, so book now while space and early booking savings are still available. To make a reservation, call our Tufts representative at Gohagan & Company at 1-800-922-3088.

Cheers

Mary Ann R. Hunt

Director of Lifelong Learning and Travel-Learn Program

Email: travel-learn@tufts.edu Online: go.tufts.edu/travel_learn Join the conversation: #tuftstravellearn

May an R. Hunt

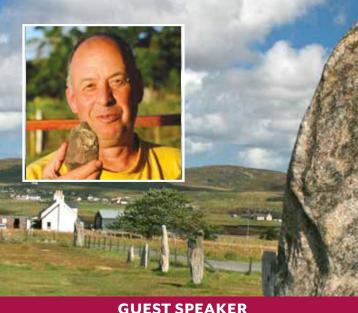


Faculty Host



Dr. Sean Cash is the Bergstrom Foundation Professor of Global Nutrition at the Friedman School of Nutrition Science and Policy at Tufts. He is an economist who teaches and conducts research on food, nutrition behavior, agriculture and the environment. He has previously served as a faculty host for trips to the Canadian Rockies and the Rhine River, and was recently in Scotland as part of the Tufts University delegation to the United National Climate Conference (COP26) in Glasgow. His research focuses on

how food, nutrition, and environmental interventions and policies affect both producers and consumers. He also conducts research in sustainable food systems, including projects on climate change and coffee and tea production. Dr. Cash will present on topics on food policy and production in Europe, as well as the impact climate is having on some of our favorite foods.



GUEST SPEAKER

COLIN RICHARDS

Dr. Colin Richards is a professor of archaeology at the University of the Highlands and Islands in Scotland. He is a leading expert on stone circles, specializing in the Neolithic period in Orkney, architecture, and monumentality. From Neolithic sites in Britain to Easter Island and across the Pacific, Dr. Richards has been involved in a number of interesting excavations and fieldwork projects. Past projects include co-writing "Stonehenge for the Ancestors: Part 1. Landscape and Monuments" and co-directing the AHRC-funded "Rapa Nui: Landscapes of Construction" project. Dr. Richards also co-wrote and edited the book, "Building the Great Stone Circles of the North," which investigates the remarkable history and cultural significance of the great stone structures built throughout Scotland.





The lush, green archipelago of 18 islands known as the Faroes dates back to the Ice Age, when volcanic activity and glaciers carved its captivating cliffs, waterfalls, and rocky coastlines. Tucked between Norway and Iceland, the name *Føroyar*, or Faroe, is Old Norse for sheep, which continue to outnumber residents by nearly two to one. Settled by the Norse in the ninth century, the islands remained isolated for centuries. Today, the self-governing Faroe Islands—now part of the Danish Realm—continue to attract visitors with their authentic Faroese culture, warm hospitality, and breathtaking beauty.



INCLUDED FEATURES

- Transfers and luggage handling abroad if you purchased air through Gohagan & Company and your arrival(s)/departure(s) coincide with the scheduled group transfer(s).
- Experienced, English-speaking local guides for included excursions.
- Gratuities to local guides and drivers on included excursions and transfers.
- Complimentary bottled water in your suite or stateroom and on excursions.

- Experienced Gohagan & Company Travel Directors at your service.
- Complimentary use of an audio headset during guided excursions.
- Automatic \$250,000 flight insurance policy for each participant ticketed on flights by Gohagan & Company.
- ♦ Hospitality desk aboard the ship.
- Meals included as noted in the itinerary (B,L,R,D).



10-DAY/8-NIGHT ITINERARY

Depart Home City Day 1

Depart home city for Scotland.

Glasgow, Scotland/Embark Day 2

Arrive in Glasgow, famed for its trade and shipbuilding history, elegant Victorian homes, and public buildings. Embark the LE BELLOT. (D)

Isle of Iona Day 3

Cruise to the Isle of Iona, the birthplace of Christianity in Scotland, and visit the restored Iona Abbey. Notice the churchyard's intricate Celtic crosses, see the Augustinian nunnery, and stand on Torr an Aba to admire panoramic views across the Sound of Iona. Tonight, gather for the Captain's Welcome Reception. (B,L,R,D)

Kyle of Lochalsh Day 4

Venture out to discover the village of Kyle of Lochalsh, a spectacular gem nestled in

the Scottish Highlands and surrounded by imposing castles, lochs, moors, and mountains. Take a guided tour of the 13th-century Eilean Donan Castle, set on the banks of Loch Duich. Following your tour, enjoy a scenic drive around the Isle of Sky. (B,L,D)

Stornoway/Callanish Standing Stones/ Isle of Lewis

Day 5

Call at Stornoway on the Isle of Lewis and continue on an excursion to the 5,000-year-old Neolithic ruins of the Standing Stones of Callanish. Among Scotland's best-preserved ruins, the stones form a cross shape and predate Stonehenge. Although no known reason for their existence remains, historians and archaeologists speculate that the Standing Stones were once a setting for ritual activities and astronomical observances. Discover Dun Carloway

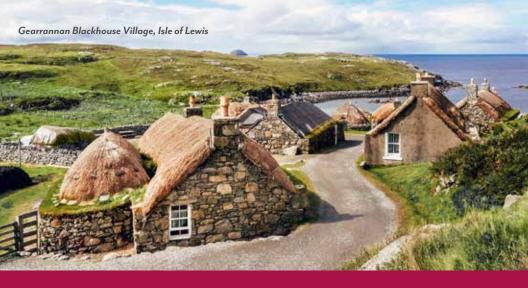
Pictish Broch, one of the best-preserved of its kind in the Hebrides, and continue north to see the Gearrannan Blackhouse Village, a fascinating living museum. This cluster of traditional stone houses was abandoned in the late 1970s and eventually restored as an island landmark. After lunch on board the ship, enjoy the afternoon at leisure to explore Stornoway, or choose to visit Lews Castle, home to a Victorian estate. (B,L,D)

Tórshavn, Faroe Islands, Denmark/Kirkjubøur/ Kollafjørður Day 6

Explore the island of Streymoy. Begin in the municipality of Tórshavn, founded by Norsemen in the 10th century. Navigate the narrow, historic lanes of Tinganes, which are bordered by traditional grass-roofed houses. Transfer to Kirkjubøur to visit the ruins of St. Magnus Cathedral and the 900-year-old







Roykstovan, the oldest wooden house in Europe. Continue to Kollafjørður to visit a traditional Faroese church and see Dúvugarðar, a national heritage museum located in the remote village of Saksun. (B,L,D)

Cruise the North Atlantic Ocean Day 7

Enjoy five-star amenities on board or attend an enriching lecture as you cruise the North Atlantic Ocean. Gather with friends to trade stories of your adventure thus far and look out for dolphins, whales, and seabirds. (B,L,D)

Djúpivogur, Iceland/ Jökulsárlón Day 8

Welcome to Iceland! On a drive from Djúpivogur, soak up the beauty of the dramatic landscape. Here, snowcapped mountains rise from grassy plains and fertile lowlands give way to vertiginous cliffs. Discover the legendary Jökulsárlón ice lagoon in UNESCO World Heritage-designated Vatnajökull National Park, the largest of Iceland's national parks. Embark specially designed boats for a private cruise and the chance to touch ice blocks broken from Breidamerkurjökull, one of Vatnajoküll's glacier outlets. You may also spot a seal or two! Witness the mesmerizing Diamond Beach, where glistening spheres of ice stand out against a black-sand backdrop. (B,L,D)

Heimaey, Westman Islands/Cruise along Surtsey Island Day 9

Arrive at Heimaey Island, part of the Vestmannaeyjar (Westman Islands) archipelago. Drive past Sprangan, where locals train for the island sport of rope swinging. See the ruins of

ancient Viking farmhouses dating from A.D. 650 in Herjólfsdalur Valley. Continue to Stórhöfdi's lava fields of Eldfell, known as the "Pompeii of the North," and tour the Eldheimar Museum, which chronicles its fateful activity of 1973. Cruise by Surtsey Island, a UNESCO World Heritage Site and one of the youngest and most fragile islands on Earth Island. The island is a natural laboratory for scientists who study the plants and animals of the astonishing new landform. Cap off your day with a convivial Captain's Farewell Reception. (B,L,R,D)

Reykjavík/Disembark/ Return to Home City Day 10

Following breakfast, disembark and continue on the Reykjavík Post-Program Option or transfer to the airport for your return flight home. (B)







LE BELLOT Join us aboard the exclusively chartered, five-star LE BELLOT, where distinctive French sophistication meets innovative nautical design. Each of the 92 staterooms and suites (up to 484 square feet) features an ocean view and most have a private balcony. All accommodations feature individual climate control, two twin beds or one queen bed, a private bathroom with shower, and luxury hotel-style hotel amenities. Complimentary alcoholic and nonalcoholic beverages and internet access are available throughout the cruise. All meals aboard ship are included.





2024 DEPARTURE DATE: May 30 to June 8 (Embarkation: May 31 at 5:00 pm)

Category	LAND/CRUISE RATES excluding taxes, per person, based on double occupancy	Early Booking Rate through Jan. 3, 2024	Rates after Jan. 3, 2024
8	Deluxe stateroom with a picture window, single door onto private, partial-wall balcony. Deck 3, midship. (limited availability)	\$6,115	\$6,795
7	Prestige stateroom with sliding glass door, private balcony . Deck 4, midship.	\$6,565	\$7,295
6	Prestige stateroom with sliding glass door, private balcony . Deck 5, midship and aft.	\$7,015	\$7,795
5	Prestige stateroom with sliding glass door, private balcony . Deck 6, midship and aft.	\$7,735	\$8,595
4	Deluxe suite with sliding glass door, private balcony . Deck 3, midship. (limited availability)	\$8,445	\$9,395
3	Deluxe suite with sliding glass door, private balcony . Deck 4, midship. (limited availability)	\$8,905	\$9,895
2	Deluxe suite with sliding glass door, private balcony . Deck 5, midship.	\$9,355	\$10,395
1	Deluxe suite with sliding glass door, private balcony . Deck 6, midship.	\$9,805	\$10,895
Prestige Suite II	Two-room suite, expansive sliding glass door, larger private balcony , two bathrooms, two closets, large sitting area with sofa. <i>Deck 5, midship</i> . (limited availability)	\$10,885	\$12,095
Prestige Suite I	Two-room suite, expansive sliding glass door, $larger\ private\ balcony$, two bathrooms, two closets, $large\ sitting\ area\ with\ sofa$. $Deck\ 6$, $midship$. ($limited\ availability$)	\$11,785	\$13,095
Privilege Suite	Large suite with expansive sliding glass door, larger private balcony , sitting area with sofa. <i>Decks 5 and 6, aft</i> . (limited availability)	\$12,685	\$14,095
Grand Deluxe Suite	Extra-large, one-bedroom suite and separate sitting room with sofa, expansive sliding glass door, spacious private terrace , full bathroom with tub and separate shower, additional half bath. Deck 6, aft. (limited availability)	\$13,585	\$15,095
Owner's Suite	Extra-large, one-bedroom suite and separate sitting room with sofa, expansive sliding glass door, spacious private terrace with outdoor Jacuzzi, full bathroom with tub and separate shower, additional half bath. $Deck S$, aft . (limited availability)	\$15,385	\$17,095
Single supplements apply to the following categories (6, 7, 8, 8) at 160% of the per person double price and are subject to availability			

Single supplements apply to the following categories (6, 7, & 8) at 160% of the per person double price and are subject to availability. Single price for all other cabin categories is at 200%.

Port taxes are an additional \$1,030 per person. Customers will be notified of any fuel surcharge fee prior to final payment. This fee will then be charged and collected by the vessel operating company while onboard.

To secure your spot, call Gohagan & Company at 800-922-3088 or visit gohagantravel.com/reserve

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Edinburgh and Glasgow May 27 to 31, 2024 (Tour Begins: May 28)

Explore two of Scotland's great cities intertwined with Celtic history. In Edinburgh, tour the medieval Old Town and Neoclassical New Town—both UNESCO World Heritage Sites, and witness the Crown Jewels of Scotland at Edinburgh Castle. Head inland to visit the lovely Loch Katrine, journey through the celebrated Trossachs region, and tour the legendary Stirling Castle. Explore Glasgow's 12th-century cathedral and the St. Mungo Museum, followed by a tour of the premier Kelvingrove Art Gallery and Museum. Spend two nights in the five-star SHERATON GRAND EDINBURGH.

Price per person, based on double occupancy: \$2,195

Price per person, based on single occupancy: \$3,510



POST-PROGRAM OPTION

Reykjavík and the Golden Circle June 8 to 10, 2024 (Tour Ends: June 10)

The captivating city of Reykjavík and its surrounding natural wonders provide you with the perfect conclusion to Iceland. Tour the imposing Hallgrímskirkja Church, followed by an informative visit to the National Museum. Enjoy a full-day excursion to the legendary Golden Circle. Visit the UNESCO-listed Þingvellir National Park, the meeting point of the North American and Eurasian tectonic plates. Gaze at the Strokkur geyser and see the picture-perfect Gullfoss waterfall, an impressive double waterfall that provides a spectacular setting like no other. Accommodations are for two nights in the deluxe HOTEL KONSULAT.

Price per person, based on double occupancy: \$2,195

Price per person, based on single occupancy: \$3,510

Further details will be provided with your reservation confirmation.

EARLY BOOKING SAVINGS UP TO \$3,320 PER COUPLE

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